Department of Human Development and Family Empowerment ADD ON COURSES

SELF ENHANCEMENT ENABLING DEVELOPMENT (SEED): A LIFE SKILL COURSE - SEPTEMBER, 2021 TO OCTOBER, 2021

The Department of Human Development and Family Empowerment under the aegis of JDMC-IQAC Centre for Career Counselling, Career Opportunity, and Skill Enhancement and JDMC-IQAC Centre for Extension and Outreach Activities organized an add on course (30hrs) on 'Self Enhancement Enabling Development (SEED) from September, 2021 to October, 2021. The teacher coordinators for this course were Ms. Nirmala Muralidhar (Department of HDFE), Dr. Ruby Bhardwaj (Department of Sociology) and Ms. Prerna Butta (Department of HDFE). Around of 105 participants attended this add on course.

You tube Links of the Sessions (SEED)

Session 1 – Powering me (September 2nd, 2021) by Mr K S Ramananhttps://youtu.be/YZH7V2k2RHY

Session 2 - Success Mantra (Sept 7th, 2021) by Mr Soma Sajeevan - https://youtu.be/Ouy6d6fgROU

Session 3 – Mindfulness (September 9th, 2021) by Mr Nakkeeran T, Ms. Ramya Menon & Mr Yogesh - https://youtu.be/55MaSaAdBm4

Session 4 – Plan Your Life (September 14th, 2021) by Mr Nakkeeran Thttps://youtu.be/2B8SV4DHQYU

Session 5 – Back to Basics (September 16th, 2021) by Mr V Sundara Bharathi - https://youtu.be/QfEYTJseqac

Session 6 – Manage Effectively (September 21st, 2021) by Mr. Soma Sajeevan https://youtu.be/4O-rkJtD5a8

- Session 7 Passion at Work (September 23rd, 2021) by Mr S. Bhanu Kumar https://youtu.be/ECw9Rw5vRyw
- Session 8 Nudge Yourself (September 28th, 2021) by Mr Nakkeeran T https://youtu.be/ijebtGyQT1U
- Session 9 Story Telling (September 30th, 2021) by Mr. Bhanu Kumar https://youtu.be/BaQZahSN5FQ
- Session 10 Analytical Thinking (October 5th, 2021) by Mr Bhanu Kumar https://youtu.be/TRvUifC3TT8
- Session 11 Time is Money (October 7th, 2021) by Mr V. Sundara Bharathi https://youtu.be/G0WBt0jLljk
- Session 12 Effectiveness is the key to success (October 19th, 2021) by Ms. Vijayanthi Jagannathan https://youtu.be/ZBjb6uu61d4
- Session 13 Campus to Corporate (October 21st, 2021) by Ms. Vijayanthi Jagannathan https://youtu.be/1GhM06lzCp8
- Session 14 Become a Better You (October 26th, 2021) by Ms. Jayashree Sundaresan https://youtu.be/O_OSQpxecmo
- Session 15 Assessment and Valedictory Session (October 28th, 2021) https://youtu.be/1qAoYCpgakM



Janki Devi Memorial College University of Delhi



Human Development And Family Empowerment

Under the Aegis of

JDMC-IQAC Centre for Career Counselling, Career Opportunity, and Skill Enhancement and

JDMC-IQAC Centre for Extension and Outreach Activities

Presents

An Add-on course (30 hours)

Self Enhancement Enabling Development (SEED) A Life Skill Course

COURSE FEE- NIL TUESDAY and THURSDAY 4:00PM

FIRST COME FIRST SERVE

<u>Session details</u> (<u>Sept-Oct 2021</u>) Powering Me Manage Effectively
Success Mantra Passion at Work
Mindfulness Nudge Yourself
Plan Your Life Story Telling

Back to Basics

Time is Money
Effectiveness is the
key to success
Campus to Corporate
Become a Better YOU
Assessment and

Valedictory Session

Ms. Nirmala Muralidhar (Department of HDFE)

Dr. Ruby Bhardwaj (Department of Sociology)

Ms. Prema Butta (Department of HDFE)

Teacher Coordinators

Anchal Kapoor (Department of HDFE)

Analytical Thinking

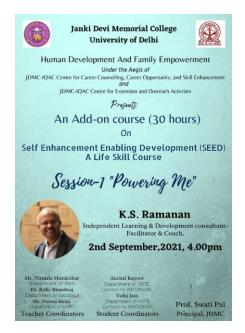
Vidhi Jain (Department of HDFF)

Student Coordinators

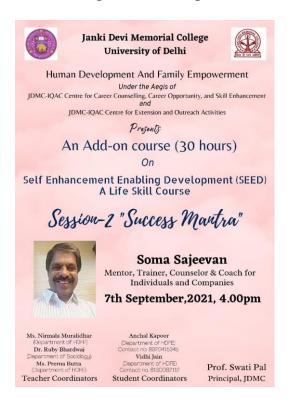
Prof. Swati Pal

Principal, JDMC

Main Poster with titles of all the sessions (Add on Course on 'Self Enhancement Enabling Development: A Life Skill Course')



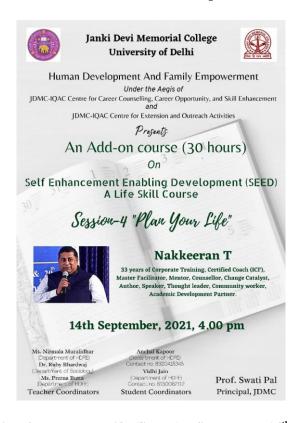
Session 1 Powering me (SEED) September 2nd, 2021



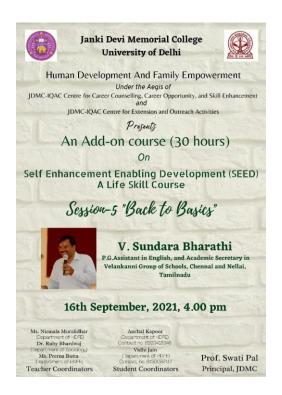
Session 2 – Success Mantra (SEED) September 7th, 2021



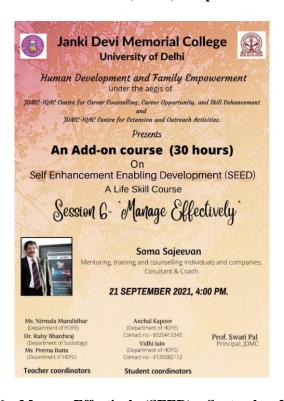
Session 3: Mindfulness (SEED) – September 9th, 2021



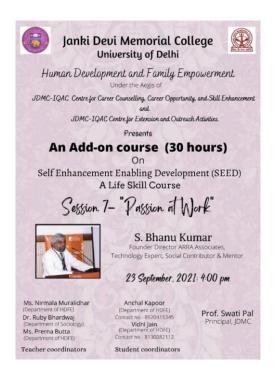
Session 4 - Plan your life (SEED) – September 14th, 2021



Session 5 – Back to Basics (SEED) – September 16th, 2021



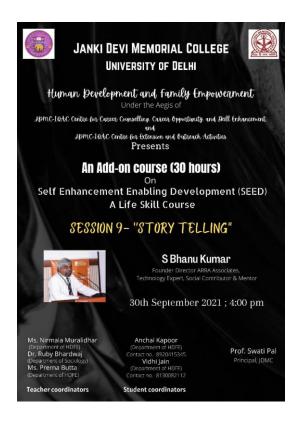
Session 6 – Manage Effectively (SEED) – September 21st, 2021



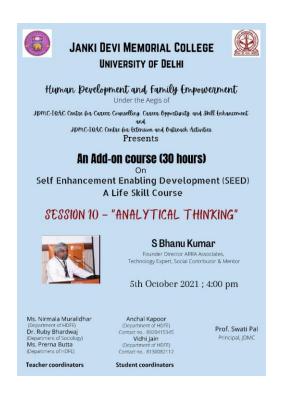
Session 7 – Passion at work (SEED) – September 23rd, 2021



Session 8 – Nudge Yourself (SEED) – September 28th, 2021



Session 9 – Story Telling (SEED) – September 30th, 2021



Session 10 - Analytical Thinking (SEED) - October 5th, 2021



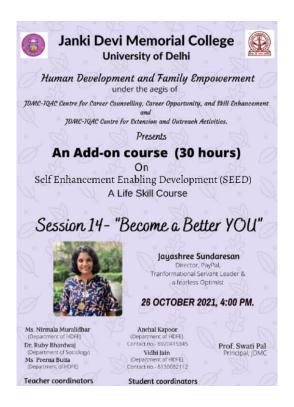
Session 11 – Time is Money (SEED) – October 7th, 2021



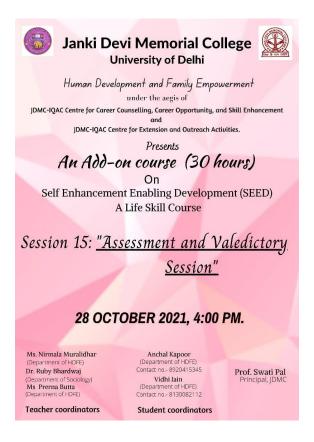
Session 12 – Effectiveness is the Key to Success (SEED) – October 19th, 2021



Session 13 - Campus to Corporate (SEED) - October 21st, 2021



Session 14 – Become a better you (SEED) – October 26th, 2021



Session 15 – Assessment and Valedictory Session (SEED) – October 28th, 2021

DECODING DISABILITY IN CHILDREN – FEBRUARY, 2021 TO MARCH, 2021

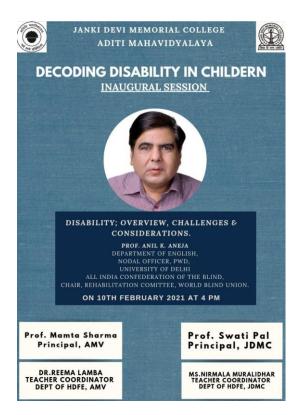
Department of Human Development and Family Empowerment, Janki Devi Memorial College, University of Delhi in collaboration with Department of Human Development and Family Empowerment, Aditi Mahavidyalaya, University of Delhi organised a Certificate course of 30 hours duration on 'Decoding Disability in Children' from February 2021 to March 2021. The teacher coordinators for this course were Ms. Nirmala Muralidhar (Department of HDFE, Janki Devi Memorial College) and Dr. Reema Lamba (Department of HDFE, Aditi Mahavidyalaya). A total of 68 participants attended this certificate course of 30-hour duration on 'Decoding Disability in Children'.

You tube Links of some Sessions

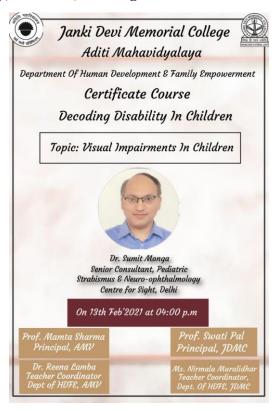
- Session on Inclusion & Classroom Adaptation for Children with special needs (February, 25th, 2021) by Ms Jaisika Goel https://youtu.be/pKOA396O8H0
- Session on Collaboration between Special educator, General Educator & Family for Inclusion (March 9th, 2021) by Dr. Renu Malaviya https://youtu.be/NDGeShHiXmI
- Session on What Children with Hearing Disability have to say (March 10th, 2021) by Dr. Sanjay Sachdeva https://youtu.be/u5e1uGfmdd8



Main Poster with titles of all the sessions (Certificate course of 30 hours duration on 'Decoding Disability in Children')



Session1 – Disability; Overview, Challenges & Considerations – February 10th, 2021



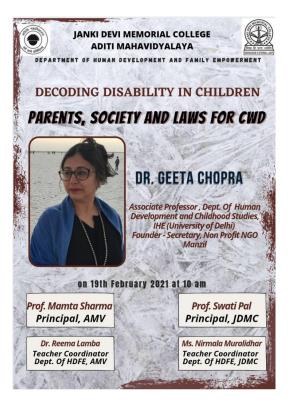
Session 2 – Visual Impairments in Children–February 13th, 2021



Session 3 – Retinoblastoma: A Case Study of Early Intervention & CRB – February 16th, 2021



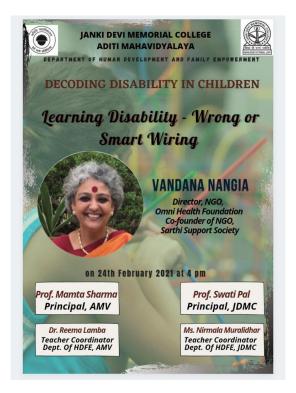
Session 4 – Autism Spectrum Disorder – February 17th, 2021



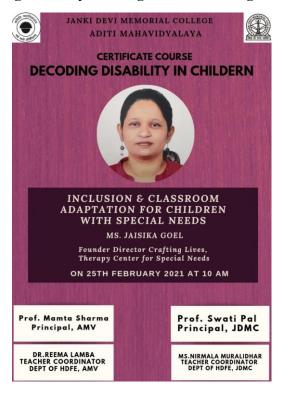
Session 5 - Parents, Society and Laws for CWD - February 19th, 2021



Session 6 – Inclusion: The right thing to do – February 23rd, 2021



Session 7 – Learning Disability – Wrong or Smart writing – February 24th, 2021



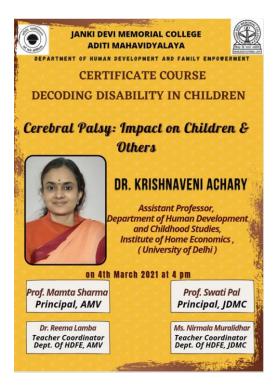
Session8 – Inclusion & classroom adaptation for children with special needs – February 25th, 2021



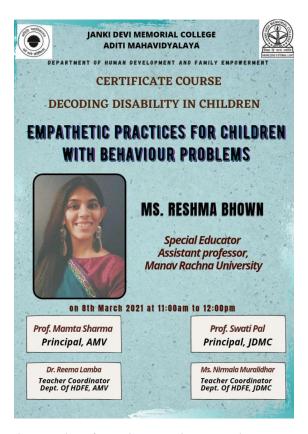
Session 9 – Representation of Disability in Children's Literature – March 2nd, 2021



Session 10 – Intellectual Disability – Understanding their needs – March 3rd, 2021



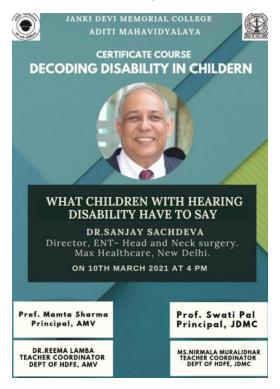
Session 11 – Cerebral Palsy: Impact on Children & others – March 4th, 2021



Session 12 – Empathetic practices for children with behavior problems – March 8th, 2021



Session 13 – Collaboration between special educator, general educator & family for inclusion— March 9th, 2021



Session 14 – What children with hearing disability have to say – March 10th, 2021



Session 15 – Assessment and Valedictory – March 12th, 2021