

Year 2019-20
Department of Philosophy
Janki Devi Memorial College
University of Delhi

Department of Philosophy welcomed the current Philosophy (Hons.) batch (2019-22) on August 21st, 2019. Students from the 2nd and 3rd years organized a grand welcoming event themed upon the 90's Bollywood era. The students showcased their talents ranging from poetry recitals to singing, dancing and drama. It was a fun filled event which gave the freshers a novel way of beginning their three years of academic endeavours.



Freshers' Welcome, August 21st, 2019 Freshers' Welcome, August 21st, 2019

Periodic Lecture Series 2019-20 August, 22nd 2019

Department of Philosophy, Janki Devi Memorial College, University of Delhi, organized "Lecture Series 2019-20" which was inaugurated by the lectures by Mr. Ravi Kalra (Founder of Earth Saviour Foundation) and Dr. Kheya Bhattacharya (Former IFS officer and ambassador).

The first Lecture was delivered by Mr. Ravi Kalra. He is the founder of a NGO known as the Earth Saviour's Foundation. It helps people who are mentally disabled; they also provide accommodation to homeless and old people. His foundation cremates unidentified dead bodies. He had an interesting interactive session with the students wherein he highlighted the career options which one could explore within selfless service towards the nation. He was talking about the importance of taking care of dispossessed and abandoned people and how it is the responsibility of every citizen to do their part in achieving the same.

The second Lecture was delivered by Dr. Kheya Bhattacharya, a retired IFS Officer and ambassador. She shared with the students an interesting account on International Institutes of migration. Her point was whatever we do in domestic context has an international ramification. She explained to the audience that even though democracy is a slow process it is robust and we have the freedom to express ourselves with fearless minds.

Both the lectures touched upon important cornerstones of life and their importance emphasizing the relationships existing amongst them in a socio-political context grounded on ethical norms.sa



Invited Lecture by Mr. Ravi Kalra and Dr. Kheya Bhattacharya, August 22nd, 2019



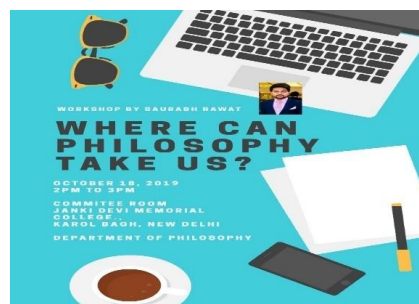
Invited Lecture by Mr. Ravi Kalra and Dr. Kheya Bhattacharya, August 22nd, 2019



Invited Lecture by Mr. Ravi Kalra and Dr. Kheya Bhattacharya, August 22nd, 2019

Workshop by Saurabh Rawat

Date- 18 October | Venue-Committe Room | Time-02:00pm to 03:00pm



WHERE CAN PHILOSOPHY TAKE US?

Report- Department of Philosophy, October 18, 2019

A career counselling session was held on 18th of October, 2019 organised by the department of philosophy, JDMC. Mr. Saurabh Rawat, trainer and consultant for soft and behavioural skills was the speaker for this session. It was very informative and helped a lot of students to get clarity in possible career options for future prospects. He made the students prepare a SWOT Analysis, i.e., strengths, weaknesses, opportunities and threats. This analysis gave them a clear picture of themselves. He made them aware about new and interesting career options which are lesser known. He also told them about various applications through which they could be a part of various certified courses, in this way they could learn to sync their personalities with their career of interests and choose accordingly.



Students attending the Counselling sessions



Workshop by Saurabh Rawat, 18th October, 2019

Student's Achievement



Ms. Anjali Chaurasia , BA Philosophy Hons 3rd year got 1st prize in Inter-college essay writing Competition on October 3rd, 2019

Yoga Certificate Course 2019 Inaugural Workshop and glimpses of its progress
 Department of Philosophy University of Delhi



Yoga Certificate course

First day of Yoga Certificate Course started with a workshop on Yoga and Stress Management, on 16th September 2019, addressed by Yoga guru Anil Mudgal, Yoga trainers Mohit and Sandeep and JDMC students and Faculty members.

Following are some of the glimpses of the postures of various Asanas and Pranayama.. Attended by Dr. Jayanti P. Sahoo and Dr. Sipu Jayswal and students enrolled in the Certificate Course-



Glimpses of Yoga Certificate Course, 16th September, 2019



Distinguished Speaker Series

Topic: Forms and Dynamics of Religious Transformations Across Times, Contexts and Locations

Speakers: Prof. Christopher Key Chapple & Prof. Rakesh Chandra

Date & Time: October 23rd, 2019, 3:00 pm

Venue: Seminar room, JDMC

An international seminar was organized by the Department of Philosophy, Janki Devi Memorial College on 23rd October, 2019 in college premises on 'Forms and Dynamics of Religious Transformations Across Time, Contexts and Locations'. Prof. Christopher Key Chapple is an Indologist and scholar of international repute working on areas of religion. He is Doshi Professor of Indic and Comparative Theology at Loyola Marymount University, Los Angeles. He spoke on religious pluralistic practices in Los Angeles, and emphasized that the study of religion requires an understanding of various other disciplines such as Geography, Theology, History and Sociology and how they help in understanding each other. He said that it is important to master the techniques of understanding the meanings of life minus consumerism and concluded by saying that religion should be seen as a part of life and not just an abstract belief and it is imperative for everything to change including religion. Prof. Rakesh Chandra is associated with the Department of Philosophy, University of Lucknow and is a member of the Indian Council of Philosophical Research. He focussed on the significant roles of rational scrutiny in religious practices. He began with numerous thought provoking questions that re-examined the existing notion of religion in the minds of people thereby opening grounds for re-assessing its role and meaning in each life.



NANDITA RAJGURU MEMORIAL INTER- COLLEGE DEBATE JANUARY 8th, 2020

The Department of Philosophy organised Nandita Rajguru Memorial Inter-college Debate competition on 8th January 2020. The topic for the debate was "Humans turning into cyborgs make the need of preservation of natural resources redundant". There were 15 teams who came across from various colleges and universities across India. The jury members consisted of Ms. Anu Sachdev and Dr. Upendra Kumar. The debate leads towards various ways of understanding the subject matter under scrutiny.

The teams which secured the winning positions are as follows:

First prize: Jatin and Vinayak Gupta, Hindu College, Delhi University

Second prize: Shilpa Sneha and Shagun, Miranda House, Delhi University

Third prize: Sudeep and Priyanshu, Jamia Millia Islamia University

Best interjectors: Veronica, Janki Devi Memorial College-Delhi University and Rajesh Kumar Jha, Ambedkar University

Best speaker: Shagun, Miranda House, Delhi University



Extension Activities (Picnic on February 5th, 2020)

The students of Philosophy Department went as volunteers for a picnic with the students with disabilities to Qutub Minar and Sunder Nursery on 5/2/2020. They took the SWD around the monument and the gardens to acquaint them with the architecture of Qutub Minar and the Flora and the fauna of the garden.



Picnic organised by Department of Philosophy as an Extension activity, 5th February, 2020

Yoga Workshop- February 6th, 2020

Department of Philosophy, Janki Devi Memorial College, University of Delhi organized a workshop on "Health, Happiness and Well being: A Journey through Yoga" on February 6th, 2020 at the college seminar room from 12 to 1 p.m.

Yoga Guru Pradeep Yogi was the speaker for the workshop, who holds a Masters degree in Yogacharya and is an internationally certified Yoga teacher. He shared his thoughts on the importance of meditation and yoga on a daily basis for both spiritual and physical well being of man. Being a Reiki healer, he introduced this natural healing technique to students. He

emphasized upon the pivotal role played by internal body cleansing on the overall good health of a person while explaining Kundli chakra points. He motivated students to consume yogic diets regularly and have an active lifestyle comprising of routine exercises and yoga. The workshop had a transformative approach towards the students and was followed by an interactive session between the speaker and the students. Dr. Jayanti P. Sahoo addressed the gathering and gave the final remarks.



Workshop on Health, Happiness and well being-February 6, 2020



Yoga Workshop on Health, Happiness and well being-February 6,2020

SLAP'S Women Safety Workshop



SLAP's Women Safety Workshop with Department of Philosophy

The students of Philosophy Department participated in a workshop conducted by SLAP an NGO that works for women safety. The NGO and its activities are sponsored by Ministry of Youth Affairs and Sports, Govt. of India.

The workshop was interactive and the students were taught how to escape from distress situations. The workshop was filmed by France 24 a leading Channel of France and the program will be aired by the channel to show how SLAP is working towards woman safety.

Workshop on "Yoga, Health & Stress Management"

Date: 16th February, 2020, Venue: Auditorium, Time: 12 to 1.30pm

Speaker: Yogacharya Anil Mudgal, MSc. applied psychology, Delhi University, M.A in yoga from Jain Vishwa Bharti University. He is presently working with Delhi development authority, Dwarka sports complex.

Conveners: Dr. Nisha Malick and Dr. Jayanti P. Sahoo

This workshop is organized under the banner of "Yoga Certificate Course" offered by Department of Philosophy, Janki Devi Memorial College, University of Delhi.

Following is the link for Yoga Workshop program-

[Click Here](#)

Lecture Demonstration on "Holistic Approach of Yoga towards Backache"

Date: 20th February, Venue: Auditorium, Time: 11 a.m to 12 p.m

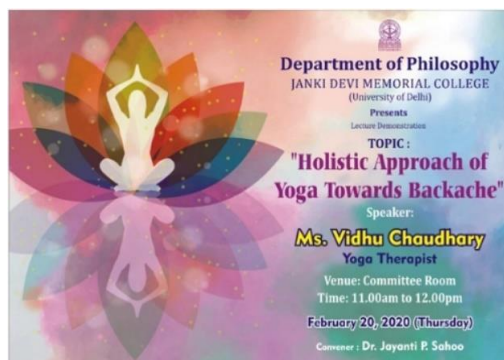
Speaker: Ms. Vidhu Chaudhary, Yoga Therapist and practitioner.

Convener: Dr. Jayanti P. Sahoo

This lecture demonstration is organized under the banner of "Yoga Certificate Course" offered by Department of Philosophy, Janki Devi Memorial College, University of Delhi.

Following is the link for Yoga lecture demonstration-

[Click Here](#)



LECTURE DEMONSTRATION BY Ms. VIDHU FOLLOWED BY INTERACTIVE SESSION- February, 20th, 2020



Speaker Ms. Vidhu Chaudhary delivering the lecture-
February 20th, 2020

Public Lecture on “Global Impact of India”

Topic: Global Impact of India

Speaker: Dr. Kheya Bhattacharya

Date & Time: March 4th, 2020, 10 a.m.

Venue: Seminar Room, JDMC

A public lecture was organized by the Department of Philosophy, Janki Devi Memorial College on 4th March, 2020 in college premises on 'Global Impact of India'. Dr. Kheya Bhattacharya, a retired Indian Ambassador to Morocco was the key speaker.

She spoke of India's growing influence in the globalized world, as well as India's challenges in the field of economy, health, infrastructure and education. She elaborated upon the global reach of India in terms of humanitarian interventions, disaster relief efforts, support in various conventions on climate change and its position in global economy strengthened by cooperation in forums like G20 and IBSA while tackling domestic issues. The lecture was well attended.



National Webinar On "Manage your physical and mental health during Covid-19" (Let Yoga Unleash your Power to Revive your Spirit)

The IQAC and Department of Philosophy, Janki Devi Memorial College organized a national webinar on Yoga for faculty and scholars across the country on May 18th, 2020.

Objective:

In view of Covid-19, a pandemic spread across the world the Department of Philosophy of JDMC has conducted a webinar where online yoga session was conducted on the following

theme- "Manage your physical and mental health during covid-19". The objective of the seminar is to spread the yoga philosophy and its benefits across the masses. We are undergoing a very difficult time. It is through yoga we can improve our immunity, and able to manage our physical and mental health during Covid -19.

The Program:

The Webinar started at 10:00 am with an introduction given by Dr. Ruplekha Khullar, followed by the Principal Dr. Swati Pal. Dr. Jayanti P. Sahoo, Coordinator of the programme introduced the speakers- Yogacharaya Anil Mudgal and Yogacharya Pradeep Yogi.

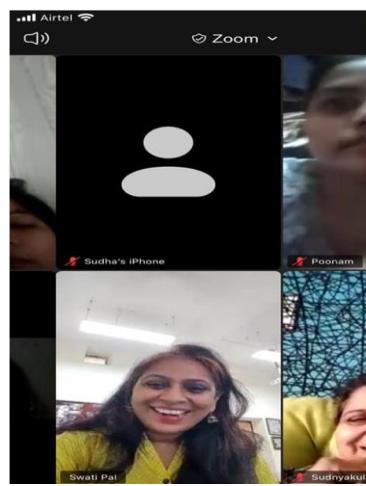
Dr. Swati Pal, Principal, JDMC Address the gathering and spoke about the importance of yoga in our day-to-day life. She said it is through yoga we can lead a stress free life.

Yogacharya Anil Mudgal spoke about the origin of yoga and emphasized over the fact that Yoga is not just exercise but includes rigorous self discipline of the individual mind and body. He also highlighted the importance of food habits and at the same vein discussed the advantages of following the eight fold Path towards mental awakening.

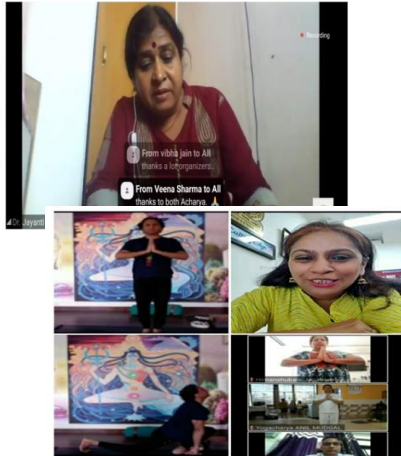
Shri Pradeep Yogi talked about changes in lifestyle due to corona virus and that it has given all a fair chance for self retrospection and a choice to lead a better life than before. Importance of isolation, meditation , self study had remained an important part of the discussion. His lecture was followed by demonstration of various Asanas, name a few Suryasana, trikona asana, tadasana etc. He also focused on Pranayam and diet , some of which were solely meant for coping up with the pandemic crisis related stress, suggested by Government of India.

300 Faculty members and students across India attended the program. Questions raised by the attendee were addressed by the speakers. The lectures were highly interactive. The program ended with a vote of thanks by IQAC In-charge Dr. Shilpa , Department of Economics, JDMC

The lectures were very well received and opened up new avenues for introspection. Resource Persons for the Webinar were Yogacharya Anil Yogi and Yogacharya Pradeep Yogi



Webinar Session - "Manage your physical and mental health during covid-19", May 18th, 2020, organized by Department of Philosophy and IQAC, JDMC, University of Delhi



Webinar Session - "Manage your physical and mental health during covid-19", May 18th, 2020, organized by Department of Philosophy and IQAC, JDMC, University of Delhi