## Value Addition Courses Workshops organised by Value Addition Courses Committee, University of Delhi, in collaboration with Janki Devi Memorial College

The Value Addition Courses (VAC) Committee, University of Delhi, in association with Janki Devi Memorial College, organised workshops for teachers on three Value Addition Courses – 'Ethics and Culture', '*Panchkosha*: Holistic Development of Personality' and 'भारतीय भक्ति परंपरा और मानव मूल्य' on May 20, 2023.

The Inaugural Session of the workshops was held in the Seminar Room of the College. The session was conducted by Prof Sandhya Garg, VAC Nodal Officer and Prof Payal Nagpal, IQAC Coordinator. The Session commenced with the *Kulgeet* and the ceremonial lighting of the lamp. After the felicitation of the guests, Prof. Swati Pal, Principal, JDMC, and Convenor of the session, delivered the Welcome Address. She spoke on the connection between perceptions and values in contemporary society and the importance of formal education in addressing its problems.

Prof. Niranjan Kumar, Chairman, Value Addition Courses Committee and Dean, Planning, University of Delhi, chaired the session. His Keynote Address highlighted the significance of India's ancient civilisational values and the need for their revival in the 21<sup>st</sup> century. Prof. Kumar also elaborated on how the National Education Policy, especially the Value Addition Courses addressed this issue.

Shri Kapil Khanna, President, VHP Delhi was the Guest of Honour. He addressed the participants on the role of education in the development of the nation, and the seminal importance of value education in this context.

Shri Rajendra Ratnoo IAS, Executive Director, NIDM, MHA, GOI was the Chief Guest. He spoke on the opportunities provided by Value Addition Courses in the intervention and solution to many of the country's problems like disasters, health, economy and research and development.

The formal vote of thanks was offered by Prof. Nagpal. The Inaugural Session was concluded with the National Anthem.











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## Workshop on 'भारतीय भक्ति परंपरा और मानव मूल्य'

The workshop commenced with the Course Coordinator, Prof. Sandhya Garg, Department of Hindi, JDMC discussing the broad outlines, learning objectives and outcomes of the course to the participants. The Resource Person of the workshop was Dr. Satya Priya Pandey, Associate Professor, Department of Hindi, Shyam Lal College. He spoke on the origin, meanings, development and traditions of Bhakti and the relevance of the values connected to the lives of Bhakti poets to the present generation. Dr. Pandey also explained the significance of understanding the historical context of Bhakti through the readings from the Vedas, Upanishads, the *Ramacharitamanas* and the *Shrimad Bhagavadgita*. He also discussed ways in which teachers can relate universal values from Bhakti literature to the development of a balanced and positive self. The post-lunch session included answering questions from the participants, their feedback and distribution of certificates.



Workshop on 'Ethics and Culture'

The workshop commenced with the Course Coordinator, Prof. Divya Tiwari, Department of Philosophy, Zakir Husain Delhi College, explaining the broad outlines, learning objectives and outcomes of the course to the participants. The Resource Person of the workshop was Prof. Payal Nagpal, Department of English, JDMC. She laid emphasis on the pedagogy of the course, elaborating on how the course demanded an experiential pedagogy, combined with textual readings. She also illustrated with examples, how the conversational practice in the class in combination with discussions on issues raised in the readings can help students understand ethics, culture, ethical dilemmas, and decision-making processes. Prof. Nagpal also spoke about how the progression of students by the end of the semester can help in enhancing quality to their lives and develop a holistic perspective. The post-lunch session included answering questions from the participants, their feedback and distribution of certificates.





Workshop on 'Panchkosha: Holistic Development of Personality'

The workshop commenced with the Course Coordinator, Prof. Om Nath Bimali, Head, Department of Sanskrit, University of Delhi, explaining the broad outlines, learning objectives and outcomes of the course to the participants. He also spoke on the importance of spiritual and mental health of the youth of the country and how it is intertwined with the progress of the nation. The Resource Person of the workshop was Prof. Saraswati, Department of Sanskrit, Zakir Husain Delhi College. She explained the meanings of the *panchkoshas*, their relevance and importance in our everyday lives. She also elaborated on the five types of *pranas* in Indian knowledge systems and the ways in which individuals can develop a healthy balance among them to live a positive life. Prof Saraswati discussed several lifestyle choices through which the knowledge of the *panchkoshas* can be incorporated in our everyday life. She stressed on the importance of teachers practicing and embodying these principles to inspire the students to lead a holistic, healthy and positive life. The post-lunch session included answering questions from the participants, their feedback and distribution of certificates.

