



Janki Devi Memorial College University of Delhi JDMC-IQAC

VAC Workshop for Faculty: 20th May 2023

IQAC organised a day long workshop on Panchkosha: Holistic development of personality in collaboration with Value Addition Courses Committee, on May 20th, 2023. The inaugural session was attended by various luminaries. The Chief Guest of the day was Sh. Rajendra Ratnoo IAS, and the Chair for the session was Prof. Niranjn Kumar, Chairman of the Value Additions Committee. Sh. Kapil Khanna, President VHP Delhi was the Guest of Honour.

In this illuminating workshop on Panchkosha and Indian knowledge systems, participants delve into the profound layers of human existence and consciousness as expounded in the ancient Indian philosophical framework. Through interactive sessions and scholarly discussions, attendees explore the concept of Panchkosha, or the "five sheaths," which encapsulate the multidimensional nature of being, ranging from the physical to the metaphysical realms. Guided by seasoned experts, the workshop navigates through the rich tapestry of Indian wisdom, drawing connections between the Panchkosha model and contemporary understanding of holistic well-being and self-realization. Participants emerge enriched with a deeper appreciation of their inner selves and the timeless wisdom embedded within Indian philosophical traditions.

VALUE ADDITION COURSES COMMITTEE (University of Delhi)

in Collaboration with
JANKI DEVI MEMORIAL COLLEGE
(Accredited with Grade 'A+' by NAAC)
ISO 21001: 2018 and 9001: 2015 Certified

Cordially invites you for the Inaugural Session of the Workshops on

<p>Ethics and Culture</p>	<p>Panchkosha: Holistic Development of Personality</p>	<p>भारतीय भक्ति परंपरा और मानव मूल्य</p>	<p>Patron</p> <p>Prof. Yogesh Singh Hon'ble Vice Chancellor University of Delhi</p>
<p>Chief Guest</p> <p>Shri Rajendra Ratnoo IAS Executive Director, NIDM, MHA, GOI</p>	<p>Guest of Honour</p> <p>Shri Kapil Khanna President, VHP Delhi</p>	<p>Chair</p> <p>Prof. Niranjn Kumar Chairman, Value Addition Courses Committee, Dean, Planning, DU</p>	<p>Welcome Address</p> <p>Prof. Swati Pal Principal, Janki Devi Memorial College, DU</p>

DATE : 20 MAY, 2023 **TIME : 9:30 a.m. (onwards)** **VENUE : SEMINAR ROOM**