

**Janki Devi Memorial College
Chetna Society
(The Spiritual Consciousness Cell)
(2023-2024)**

**Event -Visit to NGO (The Earth Saviours Foundation)
Date -19th May, 2024**

Chetna, The Spiritual Consciousness Cell Of Janki Devi Memorial College organised a visit to The Earth Saviours Foundation on 19th May, 2024. Motivated by the esteemed Principal Prof. Swati Pal, the Chetna team donated Rs 10,000/- for that NGO whose director Mr. Jas Kalra inspired the students to work selflessly for the society. The team served food, spent the whole day listening to their feelings, sang and danced with them to make them cheerful. It was really an invaluable and satisfying experiment.





Inter college poster making Competition
Theme- India in the eyes of APJ Abdul Kalam
(On the occasion of world students day)
Date- 19 october, 2023
Time - 12.00 to 2.00 pm
Venue - Auditorium

On the occasion of World Student's Day, Chetna – The Spiritual Consciousness Cell conducted an Inter-College Poster Making Competition on 19th October in the Auditorium from 12 noon to 2 pm. The theme of the competition was declared on the spot and it was 'India in the eyes of APJ Abdul Kalam'. All the participants showed their utmost creativity and drew posters justifying the theme. At last, the competition concluded with the selection of winners by the Teacher Convenors.

JANKI DEVI MEMORIAL COLLEGE
UNIVERSITY OF DELHI
CHETNA- The Spiritual Consciousness Cell
 UNDER THE AEGIS OF IQAC AND G20
 INVITES ALL THE STUDENTS TO PARTICIPATE IN
INTER COLLEGE
POSTER MAKING COMPETITION

DATE - OCTOBER 19, 2023
TIME- 12 : 30 PM
VENUE- AUDITORIUM

THEME WILL BE GIVEN ON THE SPOT

1) SHEETS WILL BE PROVIDED
 2) PARTICIPANTS HAVE TO BRING POSTER MAKING MATERIAL LIKE BRUSHES , COLOURS AND ROUGH NEWSPAPER
 3) PRE REGISTRATION IS MANDATORY

Dr. Harshbala **Saloni** **Dr. Prema Arora** **Prof. Swati pal**
Ms. Bhawna Pal **Muskan** **Dr. Gurinder Singh** **Prof. Sudha Upadhyay**
 Faculty Coordinators Student Coordinators Convenors Principal

जानकी देवी मेमोरियल कॉलेज
दिल्ली विश्वविद्यालय
चेतना -आध्यात्मिक चेतना सेल
 आईक्यूएसी और जी20 के तत्वावधान में
 समस्त विद्यार्थियों को इसमें सहभागिता हेतु आमंत्रित करता है।
अंतर महाविद्यालय पोस्टर मेकिंग
प्रतियोगिता

दिनांक- अक्टूबर 19, 2023
समय- 12 : 30 PM
स्थान - ऑडिटोरियम

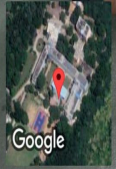
विषय यथास्थान ही दिया जाएगा।

1) शीट उपलब्ध कराई जाएंगी।
 2) प्रतिभागियों को ब्रश, रंग और सहायक अखबार जैसी पोस्टर बनाने की सामग्री लानी होगी।
 3) पूर्व पंजीकरण अनिवार्य है।

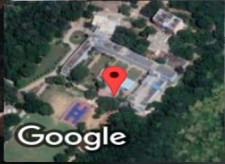
डॉ. हर्षबाला **सलनी** **डॉ. प्रेमा अरोरा** **प्रो. स्वाति पाल**
भावना पाल **मुस्कान** **डॉ. गुरिंदर सिंह** **प्रो. सुधा उपाध्याय**
 शिक्षक समन्वयक छात्र समन्वयक संयोजक प्राचार्या



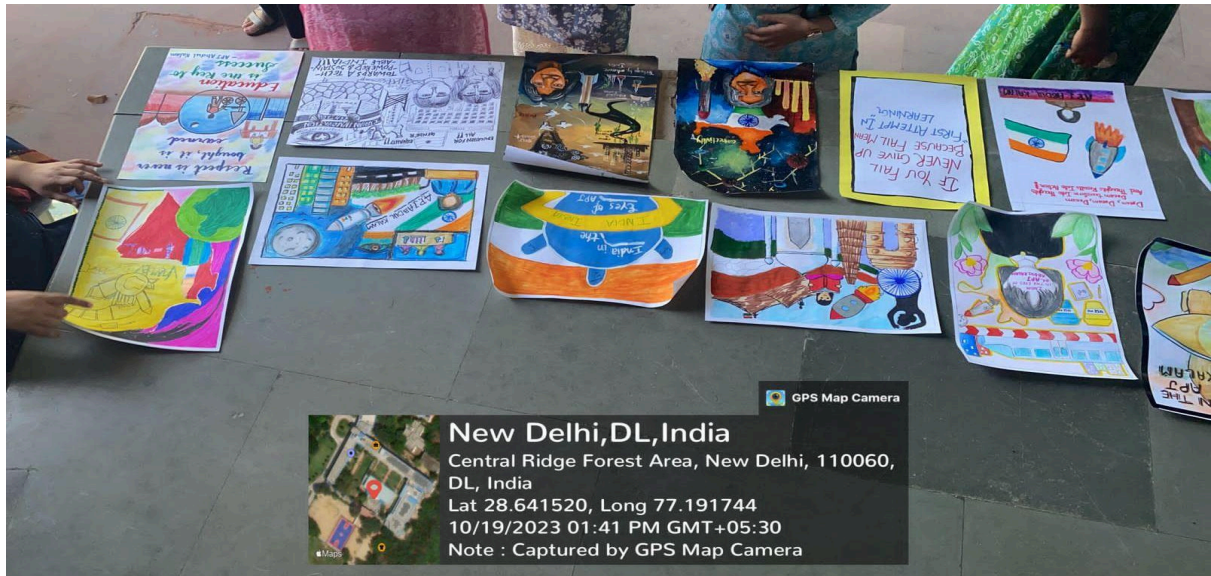
Delhi, Delhi, India
MAIN CAMPUS, JANKI DEVI MEMORIAL COLLEGE, J.D.M.C Rd, Old Rajinder Nagar, Rajinder Nagar, Delhi, 110001, India
Lat 28.641764°
Long 77.192036°
19/10/23 12:55 PM GMT +05:30



Delhi, Delhi, India
BANK, JANKI DEVI MEMORIAL COLLEGE, J.D.M.C Rd, Old Rajinder Nagar, Rajinder Nagar, Delhi, 110001, India
Lat 28.641599°
Long 77.191819°
19/10/23 12:57 PM GMT +05:30



Delhi, Delhi, India
BANK, JANKI DEVI MEMORIAL COLLEGE, J.D.M.C Rd, Old Rajinder Nagar, Rajinder Nagar, Delhi, 110001, India
Lat 28.641525°
Long 77.191798°
19/10/23 12:54 PM GMT +05:30



Event - Meditation Session

Date - 20th March, 2024

Time - 1.40 Pm

Venue - Music Room

Janki Devi Memorial College, Chetna, The Spiritual Consciousness Cell Under the aegis of IQAC Centre for universal values and ethics organised the मनन (Meditation Session on "A session on the tendencies of the mind" with Mr. Mridul Batra held on 20th March, 2024 at 1:40 PM in the Music Room. More than 60 students and faculty members attended the session and enjoyed it a lot.

JANKI DEVI MEMORIAL COLLEGE
UNIVERSITY OF DELHI
CHETNA- The Spiritual Consciousness Cell
UNDER THE AEGIS OF IQAC CENTRE FOR UNIVERSAL VALUES AND ETHICS
INVITES YOU TO THE
मनन (Meditation Session)
(A session on the tendencies of the mind)
-with **Mr. Mridul Batra**

DATE- 20th MARCH, 2024
TIME- 1:40PM
VENUE- MUSIC ROOM

Dr. Preeti Sharma
Ms. Bhavna Pal
Dr. Anuradha
Dr. Harsh Bhatia
Dr. Vandana
Ms. Anuradha Saxena
Ms. Aditi
Coordinator

Prof. Payal Nagpal
IQAC Coordinator

Dr. Preeti Arora
Dr. Gurinder H. Singh
Prof. Sudha Upadhyay
Convener

Prof. Swati Pal
Principal

जानकी देवी मेमोरियल कॉलेज
दिल्ली विश्वविद्यालय
चेतना- आध्यात्मिक चेतना सेल
आई क्यू ए सी सार्वभौमिक व नैतिक मूल्य केंद्र
के तत्वावधान पर प्रस्तुत है
मनन (ध्यान सत्र)
(मन की प्रवृत्तियों पर एक सत्र)
-श्री मृदुल बत्रा

दिनांक -20 मार्च , 2024
समय- 1:40 PM
स्थान- संगीत कक्ष

डॉ. प्रीति शर्मा
कुमारी भावना पाल
डॉ. अंशु
डॉ. हर्षिता
डॉ. वंदना
कुमारी अनुराधा साखेनी
कुमारी अदिति
समन्वयक

प्रो. पायल नागपाल
आई क्यू ए सी समन्वयक

डॉ. प्रीति अरोरा
डॉ. गुरिंदर सिंह
डॉ. सुधा उपाध्याय
संयोजक

प्रो. स्वाति पाल
प्राचार्या



Event - Debate Competition

Topic - The Indian concept of Vasudev kutumbakam

Date - 21 September, 2023

Time - 10.30 to 6.30 Pm

Venue - Music Room

"The Indian concept of Vasudev kutumbakam is essential for what peace and well-being" Chetna: Aadhyatmik Chetanya Mandal (IQAC) under the aegis of Center for Universal Values and Ethics, organised an Inter-college debate competition in celebration of 'World Peace day' on September, 21, 2023 on the topic "The Indian concept of Vasudev kutumbakam is essential for what peace and well-being." The aim of the debate competition was to promote intellectual discourse and provide a platform for students to express their opinions and ideas. Mr. Rituraj Kumar from Hindu College and Dr. Raju Kesri, Assistant Professor, Department of Political Science, Janki Devi memorial College were the judges of this competition. A total of 25 teams from other renowned colleges of Delhi University participated in the competition. The program began with the lighting of the lamp. The competition ran with full enthusiasm and passion from 10.30 to 6.30pm. The participants enthusiastically presented their views on the topic of debate. The principal Prof. Swati Pal boosted the morale of the enthusiastic participants with her encouraging words and gave away the prizes to the winners. After the results were declared, the winners were awarded. After the prize distribution, e-certificates were given to all the members. The program ended with a vote of thanks by Dr. Perna Arora.



जानकी देवी मेमोरियल कॉलेज
दिल्ली विश्वविद्यालय
चेतना : आध्यात्मिक चैतन्य मंडल
आई.क्यू.ए.सी. के तत्वावधान में
सार्वभौमिक मूल्य और नैतिकता केंद्र
विश्व शांति दिवस
के उपलक्ष्य में
अन्तर-महाविद्यालयी वाद-विवाद
प्रतियोगिता
का आयोजन कर रहा है
विषय:-
"भारत की वसुधैव कुटुम्बकम् की अवधारणा
विश्व शांति एवं कल्याण के लिए आवश्यक है"
स्थान :- संगीत विभाग
दिनांक :- 21.09.2023
समय :- प्रातः 10.30
ऑ. वंदना
प्रो. सुधा उपाध्याय
समन्वयक
ऑ. प्रेरणा अरोड़ा
प्रो. सुधा उपाध्याय
ऑ. गुरिंदर हरशम सिंह
संयोजक
प्रो. पायल नागपाल
आई. क्यू. ए.सी. समन्वयक
प्रो. स्वाति पाल
प्राचार्य



Janki Devi Memorial College
UNIVERSITY OF DELHI
CHETNA: THE SPIRITUAL CONSCIOUSNESS CELL
Under the aegis of
IQAC- Centre For Universal Values And Ethics
Celebrates
WORLD PEACE DAY
By organising an
Inter-College Debate Competition
Topic :-
"THE INDIAN CONCEPT OF VASUDHAIVA KUTUMBAKAM IS
ESSENTIAL FOR WORLD PEACE AND WELL BEING"
VENUE :- Music Department
DATE :- 21.09.2023
TIME :- 10.30 AM
DR. VANDANA
PROF. SUDHA UPADHYAY
COORDINATORS
DR. PERNA ARORA
PROF. SUDHA UPADHYAY
DR. GURINDER HARSHAM SINGH
CONVENORS
Prof. Payal Nagpal
IQAC Coordinator
PROF. SWATI PAL
PRINCIPAL





Theme - Justice , Equality and Dignity

Date: September 13, 2023

Venue: Seminar Room, Janki Devi Memorial College

Time - 10 : 00 am

The Centre for Universal Values and Ethics (Avani, The Environment Club: Chetna, The Spiritual Consciousness Cell and Gandhi Study Circle) organised a seminar on the theme “Justice , Equality and Dignity” under the Jan Bhagidari Program, on September 13 at 10 am in the Seminar Room of Janki Devi Memorial College, University of Delhi. The event commenced with welcoming the dignitaries, Dr. Bezwada Wilson, National Convenor of Safai Karmachari Andolan and Magsaysay Award Winner, and Ms. Ritu Rao, a Research Scholar in TERI School of Advanced Studies. The guests were presented potted plants as a token of gratitude by the Centre Director, Dr. Purna Arora.


Dr. Wilson addressed the audience first and shared his views on equality as a fundamental value necessary for humans in all walks of life. He shared a personal anecdote where he was barred from entering a village because of being “untouchable” and how it inspired him to raise his voice against these atrocities . At last, he urged the students to do away with the superiority syndrome and make equality and justice the utmost priority in their life.


Ms. Rao, then enlightened the audience on how environmental crises are connected to social crises. She shared her views on the predicament of Najafgarh lake which has become the most polluted drain that pollutes Yamuna. Moreover, Ms. Rao highlighted the significance of community engagement for a sustainable and better future.


The session was a full house and the audience was highly impressed by the thoughts of both the speakers. The event concluded with a formal vote of thanks to the dignitaries for sharing their experience with the audience.


JANKI DEVI MEMORIAL COLLEGE
(University of Delhi)
Centre for Universal Values and Ethics
Under the aegis of IQAC and G20 Jan Bhagidari
AVANI
CHETNA
GANDHI STUDY CIRCLE
Invite you all to a seminar on
Theme: Justice, Equality and Dignity

Speakers


Dr. Bezwada Wilson
(National Convenor of Safai Karmachari Andolan and Magsaysay Award Winner)


Ms. Ritu Rao
(Research Scholar, TERI School of Advance Studies)


Date: 13 September 2023
Time: 10 am
Venue: Seminar Room


Registration link:
<https://forms.gle/KXtmgmoeAaUuFSA>

Prof. Poonam Bewtra
G20 Nodal Officer
Dr. Debshuti Brahmachari
G20 Faculty Coordinator


Dr. Purna Arora
Director, Centre for Universal Values and Ethics


Prof. Payal Nagpal
IQAC Coordinator


Prof. Swati Pal
Principal


जानकी देवी मेमोरियल कॉलेज
(दिल्ली विश्वविद्यालय)
सार्वभौमिक मूल्य और नैतिकता केंद्र
IQAC और G20 जन भागीदारी के तत्वाधान में
अवनी
चेतना
गांधी स्टडी सर्कल
आप सभी को सेमिनार में आमंत्रित करते हैं
विषय: न्याय, समानता और गरिमा

वक्ता


डॉ. बेजवाड़ा विल्सन
(सफाई आंदोलन के राष्ट्रीय संयोजक और मैगसेसे पुरस्कार विजेता)


सुश्री रितु राव
(अनुसंधान विद्वान, TERI स्कूल ऑफ एडवांस स्टडीज)


दिनांक: 13 सितंबर 2023
समय: सुबह 10 बजे
स्थान: सम्मेलन कक्ष

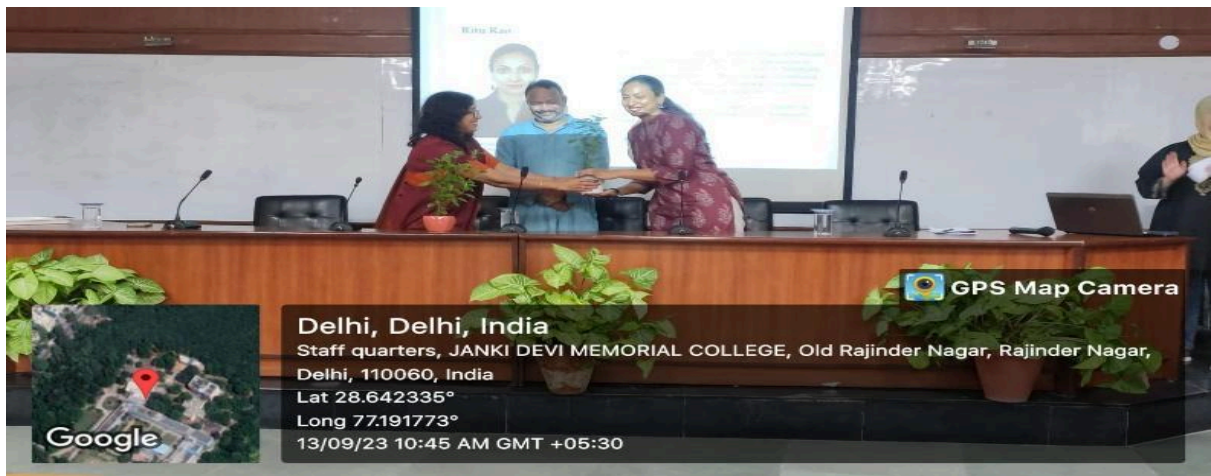

पंजीकरण लिंक:
<https://forms.gle/KXtmgmoeAaUuFSA>

प्रो. पूनम बेट्ट्रा
G20 नोडल ऑफिसर
डॉ. देवशुति ब्रह्मचारी
G20 संकाय समन्वयक

डॉ. पुरना अरोरा
निदेशक, सार्वभौमिक मूल्य और नैतिकता केंद्र

प्रो. पायल नागपाल
IQAC समन्वयक

प्रो. स्वाति पाल
प्रधानाचार्य



Event- Orientation Session

Date - 29 August, 2023

Time - 1.30 Pm

Venue- Music Room

The Orientation session of the 'Chetna: the Spiritual Consciousness Cell' was held on August 29, 2023 at 1:30 pm in the music room which was attended by 18 students and 7 faculty members. The students were given an overview of the society and were familiarised about its objectives and activities. Each member of the faculty shared their insights and experiences about being a member of this society. The students took keen interest in knowing about the society and expressed desire to engage in the activities organised by it. Students were also informed and motivated to become part of this society by becoming its office bearers. An announcement of students' election for this purpose was also made and students were asked to give their nominations for different posts for the Chetna students union election. The Orientation session ended with a vote of thanks by the Convenor, Chetna Society, Dr. Prerna Arora.

JANKI DEVI MEMORIAL COLLEGE (UNIVERSITY OF DELHI)
CHETNA: THE SPIRITUAL CONSCIOUSNESS CELL
JDMC-IQAC Centre for Career Counselling, Career Opportunities and Skill Enhancement Presents
Orientation
29/08/2023
Time - 1:30 PM
Place- Music Room

Dr. Indu Soni
Ms. Bhawa Pal
(Coordinators)

Dr. Prerna Arora
Dr. Gurinder Singh
Dr. Sudha Upadhyaya
(Convenors)

Prof Swati Pal
(Principal)

जानकी देवी मेमोरियल कॉलेज (दिल्ली विश्वविद्यालय)
चेतना
आध्यात्मिक चैतन्य मंडल
(जेडीएमसी-आईक्यूएसी केंद्र के तत्वाधान में
करियर परामर्श, करियर अवसर और कौशल संवर्धन के लिए)
प्रस्तुत करता है
अभिविन्यास (orientation)
29/08/2023
समय - 1:30 PM
स्थान- संगीत विभाग

डॉ. इंदु सोनी
भावना पाल
(समन्वयक)

डॉ. प्रेरणा अरोड़ा
डॉ. गुरिंदर हरनाम सिंह
प्रो. सुधा उपाध्याय
(संयोजिका)

प्रो. स्वाति पाल
(प्रधानाचार्या)



