

JANKI DEVI MEMORIAL COLLEGE TIME-TABLE

DEPARTMENT OF PHYSICAL EDUCATION & SPORTS SCIENCES

ACADEMIC SESSION 2018

Semester IV

Name of Faculty: DR ABHA JAIN & MS NISHA

Total No. of Lectures: 4

Paper Name - POSTURE, ATHLETIC CARE & FIRST-AID

Total Number of Practicals: 2 (4 Lectures)

Paper Code -12555422

	7.15 to 10.00 Sports Practice	9.00 to 10:00 I	10.00 to 11.00 II	11.00 to 12.00 III	12.00 to 12.20	12.20 to 01.20 IV	01.20 to 02.20 V	02.20 to 03.20 VI	03.20 to 04.20 VII
MON	Sports Training (Sp. Ground) Yog (Audi)	Contact Period (Dr. ABHA JAIN)			COFFEE BREAK		G.E. IV SEM (Dr. ABHA JAIN) Practical		
TUE	Sports Training (Sp. Ground) Yog (Audi)								
WED	Sports Training (Sp. Ground) Yog (Audi)	G.E. IV SEM (MS. NISHA) Theory				Contact Period (MS. NISHA)			
THUR	Sports Training (Sp. Ground) Yog (Audi)	Contact Period (MS. NISHA)					Contact Period (Dr. ABHA JAIN)	G.E. IV SEM (Dr. ABHA JAIN) Theory	
FRI	Sports Training (Sp. Ground) Yog (Audi)							G.E. IV SEM (MS. NISHA) Theory	
SAT	Sports Training (Sp. Ground) Yog (Audi)	G.E. IV SEM (MS. NISHA) Theory							

NOTE:- 3 more practical lectures need to be added after the finalisation of G.E. students who opted physical education

Ms 92-12-8