

Based on Undergraduate Curriculum Framework 2022

UNIVERSITY OF DELHI

UNDERGRADUATE PROGRAMMES OF STUDY

STRUCTURE, COURSES & SYLLABI OF SEMESTER- I



HOME SCIENCE

COURSES OFFERED BY DEPARTMENT OF HOME SCIENCE

Disclaimer: The syllabi are uploaded as approved by the Academic Council on 3.8.22 and Executive Council on 18.8.22

Category I

[UG Programme for Bachelors in Humanities with Human Development and Family Empowerment in three years]

Eligibility criteria – Class XII pass (Details on DU Website)

Pre-requisite – None

Note: Examination scheme and mode shall be as prescribed by the Examination Branch, University of Delhi, from time to time.

DISCIPLINE SPECIFIC CORE COURSE – 1 (DSC-1) –: PRINCIPLES OF CHILD DEVELOPMENT

CREDIT DISTRIBUTION, ELIGIBILITY AND PRE-REQUISITES OF THE COURSE

Course title & Code	Credits	Credit distribution of the course			Eligibility criteria	Pre-requisite of the course (if any)
		Lecture	Tutorial	Practical/ Practice		
PRINCIPLES OF CHILD DEVELOPMENT	4	3	-	1	Class XII pass	-

Learning Objectives

The Learning Objectives of this course are as follows:

1. To familiarize students with the concept of child development as a field of study.
2. To introduce students to various methods of child study
3. To create an understanding of prenatal development

Learning outcomes

The Learning Outcomes of this course are as follows:

The students will be able:

1. Get familiarized with the concept of child development as a field of study.
2. Develop an understanding of prenatal development.
3. Learn about the basics of techniques of data collection.

SYLLABUS OF DSC-1

UNIT – I Introduction to Child Development (3 Week)

This unit will help students to understand child development as a field of study. It also will provide insights into the historical perspective regarding development of children.

Subtopics:

- Definition, Scope and importance of child development as a field of study
- Historical foundation of child development

UNIT – II Introduction to methods of Child Study (4 Weeks)

Students will get acquainted with the methods of child study through the examples of well framed interviews, questionnaires.

Subtopics:

- Observation
- Interview

- Questionnaire
- Case study

UNIT – III Aspects of Development

(4 Weeks)

Students will get aware about the aspects of development through discussion on the principles of development, developmental norms.

Subtopics:

- Principles of Development
- Developmental Norms

UNIT – IV Prenatal Development

(4 Weeks)

Students will gain understanding of prenatal through presentations on stages of prenatal development and factors which have an impact.

Subtopics:

- Stages of prenatal development
- Factors affecting prenatal development

Practical component

The practical will provide hands-on experience on the methods of data collection in the field of human development.

Subtopics:

- Recording/documenting any two methods of data collection
- Review of any one documentary related to prenatal development

Essential readings

- Berk, L. E. (2013). Child development (9th edition). New Delhi: Prentice Hall.
- Colley, D. and Cooper, P. (Eds.) (2017). Attachment and emotional development in the classroom. Oxford City: Jessica Kingley Publishers
- Verma, P., Srivastava, D. N. and Singh, A. (1996). Bal manovigyan and bal vikas. Agra: Agrawal Publication.
- Singh, A. (2015). Foundation of human development: a lifespan approach. Hyderabad: Orient Longman.

Suggestive readings:

- Bee, H. L. (2011). The developing child. London: Pearson.
- Papilla, D.E., Olds, S. W. and Feldman, R. D. (2004). Human development. New York: Mcgraw Hill.
- Singh, A. (2015). Foundation of human development: a lifespan approach. Hyderabad: Orient Longman.
- Singh, V. (2007). Bal vikas avam bal manovigyan. Jaipur: Panchsheel Prakashan.

DISCIPLINE SPECIFIC CORE COURSE – 2 (DSC-2): THEORETICAL FOUNDATIONS IN HUMAN DEVELOPMENT

Credit distribution, Eligibility and Prerequisites of the Course

Course title & Code	Credits	Credit distribution of the course			Eligibility criteria	Pre-requisite of the course (if any)
		Lecture	Tutorial	Practical/ Practice		
THEORETICAL FOUNDATIONS IN HUMAN DEVELOPMENT	4	3	-	1	Class XII pass	-

Learning Objectives

The Learning Objectives of this course are as follows:

1. To enable an understanding of the significance of the theoretical basis of Human Development.
2. To gain an in-depth understanding of selected theories in Human Development.

Learning outcomes

The Learning Outcomes of this course are as follows:

1. Students will gain an insight into the importance and role of theories in Human Development.
2. Students will develop an understanding of selected theories in Human Development.
3. Students will become aware of the concepts and perspectives related to human development.

SYLLABUS OF DSC- 2

UNIT – I Introduction to theories in Human Development (4 Weeks)

Students will be introduced to themes in the area of human development covering nature/nurture, heredity/environment, continuity/discontinuity, individual differences and similarities.

Subtopics:

- Key themes in the study of Human Development- Nature/nurture, heredity/environment, continuity/discontinuity, individual differences and similarities.

UNIT – II Psycho-analytic perspectives on Human Development (4 Weeks)

Students will be introduced to the Psycho-analytical perspectives on Human Development by Sigmund Freud and Eric H. Erikson.

Subtopics:

- Psycho-sexual theory by Sigmund Freud
- Psycho-social theory by Eric H. Erikson

UNIT – III Theories on Cognitive Development (4 Weeks)

Students will get acquainted with theoretical perspective with regard to cognitive development. This unit will be covering theories by Jean Piaget and Lev Vygotsky.

Subtopics:

- Theory of Cognitive Development by Jean Piaget
- Socio-cultural theory of Cognitive Development by Lev Vygotsky

UNIT – IV Selected Theories in Child Development (3 Weeks)

Students will be made familiar regarding other theories in the area of child development. This unit will be covering theories by Urie Bronfenbrenner, Albert Bandura, John Bowlby and so on.

Subtopics:

- Ecological Systems Theory by Urie Bronfenbrenner
- Social Learning Theory by Albert Bandura
- Attachment Theories (John Bowlby, Mary Ainsworth, Harry Harlow)

Practical component

The practical will provide an understanding on validating and applying theories of human development in real life.

Subtopics:

- Biography of any one theorist of human development
- Application of any one theory in real life situations.

Essential readings

- Newman, P.R., & Newman, B.M. (2015). Theories of Human Development. New York: Routledge
- Rice, P. (2000). Human Development: A Lifespan Approach (4th edition). (and all further editions). New Jersey, Prentice-Hall Inc
- Srivastava, V.N., Srivastava D.N. (2020). Adhunik vikasatmak manovigyan. Shi Vinod Pustak Mandir.
- Allen, B.P. (2006). Personality theories: Development, growth and diversity (5th ed.) Needham Heights, MA: Allyn and Bacon

Suggestive readings

- Berk, L. E. (2000). Child development. New Delhi: Prentice Hall.
- Berk, L. E. (2017). Exploring Lifespan Development. New York: Pearson
- Berger, J.M. (2010). Personality (8th ed.). Belmont, CA: Thomson/Wadsworth. Journal of Developmental Psychology
- Santrock, J.W. (2007). Lifespan Development (3rd ed.). New Delhi, Tata- McGraw Hill