

Report
Faculty Enrichment Program
“Student-Centric Mentoring: Opportunities, Challenges and Strategies”
May 20, 2022

The IQAC, Janki Devi Memorial College, University of Delhi organized a Faculty Enrichment Program on the topic, **“Student-Centric Mentoring: Opportunities, Challenges and Strategies”** on May 20, 2021. The resource person for the webinar was **Dr. Meenu Anand, Faculty, Department of Social Work, University of Delhi**. The event was attended by the faculty members from JDMC and outside. The session began with a welcome address by Dr. Shilpa Chaudhary, IQAC Coordinator and Introductory remarks by Prof. Sandhya Garg, Vice-Principal, JDMC.

Dr. Meenu Anand described in detail what mentoring means and why there is a need for mentoring. She said that it is important to understand contemporary students' needs and current areas of students' concerns, diversity among students and provide mentoring accordingly. She explained about core mentoring skills and also discussed specific skills required for mentoring. She talked about opportunities and challenges faced by mentors and also discussed strategies to be followed for mentoring. She kept the audience intrigued by sharing her personal mentoring experiences and also emphasized on the importance of self care.

Prof. Anand answered all queries that were raised by participants making the session extremely interactive, informative and fruitful.

The session ended with a vote of thanks by Dr. Shilpa Chaudhary.

POSTER



**JANKI DEVI MEMORIAL COLLEGE
(UNIVERSITY OF DELHI)**

**INTERNAL QUALITY ASSURANCE CELL (IQAC)
PRESENTS
FACULTY ENRICHMENT PROGRAM**

**“Student-Centric Mentoring:
Opportunities, Challenges and Strategies”**

Distinguished Speaker



Dr. Meenu Anand
Faculty
Department of Social Work
University of Delhi

Date: 20th May 2022 (Friday)

Time: 3:00 P.M.- 4:30 P.M.

Google Meet Platform

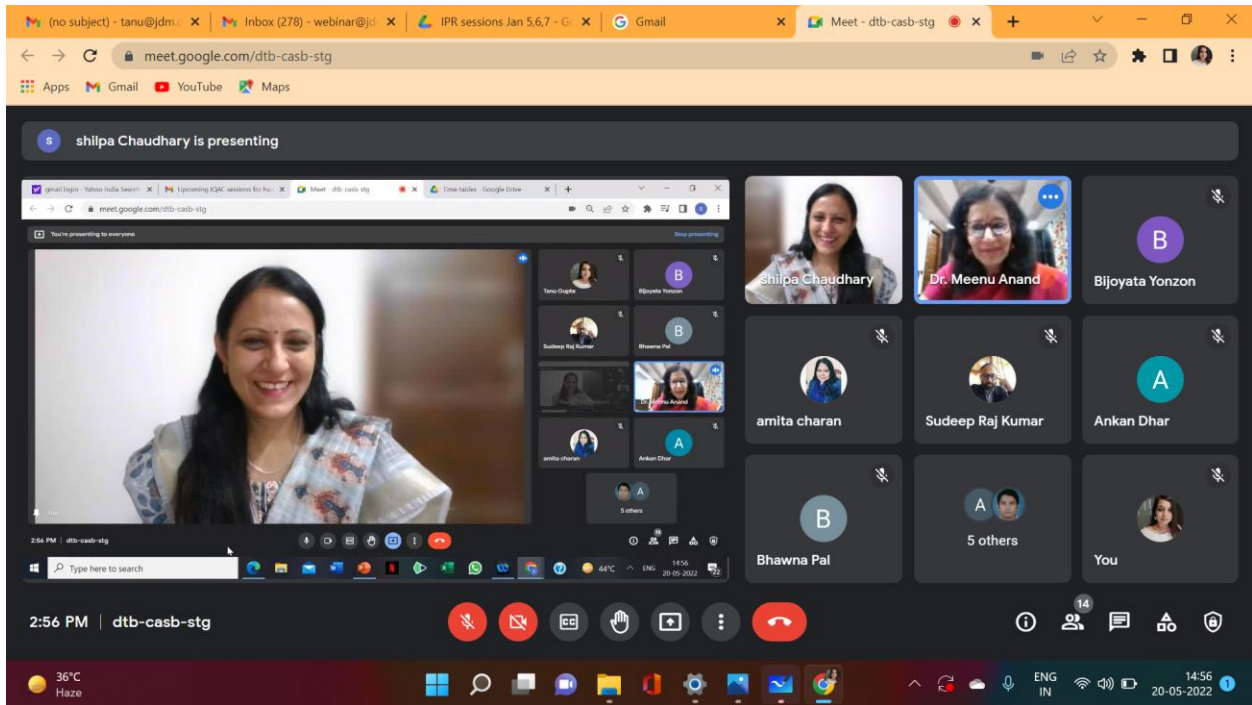
Login time: 2:45 P.M

E-CERTIFICATES WILL BE PROVIDED TO ALL PARTICIPANTS

Dr. Shilpa Chaudhary
IQAC Coordinator

PROF. SWATI PAL
Principal

SOME GLIMPSES



Dr Shilpa Chaudhary, IQAC Coordinator welcoming the speaker



Prof. Sandhya Garg, Vice-principal giving introductory remarks

Dr. Meenu Anand is presenting

3:43 PM | dtb-casb-stg

44°C Haze

15:43 20-05-2022

MENTORING

MOTIVATION

ADVICE

SUCCESS

DIRECTION

COACHING

SUPPORT

GOAL

TRAINING

MENTORING IS....

REFLECTIVE

RELATIONAL

DYNAMIC

RELATION PERSONALITY

Dr. Meenu Anand

shilpa Chaudhary

shivam sharma

neeru vasishth

Bhawna Pal

poonam Bewtra

Ruchi Kalita

20 others

You

21 others

You

Dr Meenu Anand giving her presentation

meet.google.com/dtb-casb-stg

REC Dr. Meenu Anand is presenting

MENTORING IS NOT...

- ▶ Cloning, or becoming a substitute parent, or acquiring a disciple, or an opportunity to prove how marvellous we are, or an opportunity to establish a power base
- ▶ An alternative to a counselling or confessional relationship
- ▶ About one person (the beginning teacher) becoming knowledgeable; it is about two people in a developmental relationship who are supporting mutual learning and growth
- ▶ A job – it is a privilege and an opportunity

3:50 PM | dtb-casb-stg

44°C Haze

15:50 20-05-2022

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REC Dr. Meenu Anand is presenting

STRATEGIES FOR MENTORING

- ▶ IDENTIFY OWN STRENGTHS & WEAKNESSES
- ▶ CREATION OF AN ENABLING ENVIRONMENT
- ▶ 'NORMALISING' & PROMOTING MENTAL HEALTH
- ▶ CLARIFICATION OF MYTHS
- ▶ DESTIGMATISING MENTAL HEALTH
- ▶ SHARING OF RESOURCES

4:13 PM | dtb-casb-stg

44°C Haze

16:13 20-05-2022