



Rekhi Foundation for
Happiness



Janki Devi Memorial College
(University of Delhi)



GAD-MMTTC
(Formerly, GAD-TLC)



SGTB Khalsa College
(University of Delhi)

GURU ANGAD DEV- MALAVIYA MISSION TEACHER TRAINING CENTRE (GAD-MMTTC)

S.G.T.B KHALSA COLLEGE, UNIVERSITY OF DELHI

IN COLLABORATION WITH

JANKI DEVI MEMORIAL COLLEGE, UNIVERSITY OF DELHI

CENTRE FOR SKILL ENHANCEMENT

(Under the aegis of IQAC)

and

Rekhi Foundation for Happiness

Organise

ONE- WEEK ONLINE MULTIDISCIPLINARY
FACULTY DEVELOPMENT PROGRAMME (FDP)

THE SCIENCE OF HAPPINESS IN EDUCATIONAL PRACTICES

1 DEC - 7 DEC, 2025

As per CAS of UGC for regularisation/ promotion

 9.00 AM to 5.00 PM on 7 Days
(36 Hours)

NO REGISTRATION CHARGES.
LIMITED SEATS ONLY !
Last date to register
27 Nov, 2025



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ONE-WEEK FACULTY DEVELOPMENT PROGRAMME (FDP) (IN ONLINE MODE)

THE SCIENCE OF HAPPINESS IN EDUCATIONAL PRACTICES

1 - 7 DECEMBER 2025

EXECUTIVE TEAM @ GAD-MMTTC, SGTB KHALSA COLLEGE, UNIVERSITY OF DELHI

PATRON



**PADAM BHUSHAN
SARDAR TARLOCHAN SINGH**
CHAIRMAN, GOVERNING BODY
SGTB KHALSA, DU

EXECUTIVE HEADS



PROF. GURMOHINDER SINGH
PRINCIPAL
SGTB KHALSA, DU



PROF. VIMAL RARH
DIRECTOR, UGC-MMTTC
PROFESSOR, DEPT. OF CHEMISTRY
SGTB KHALSA COLLEGE, DU

ABOUT GURU ANGAD DEV-MALAVIYA MISSION TEACHER TRAINING CENTRE (GAD-MMTTC)

GAD-MMTTC is a leading Centre of Ministry of Education, Govt. of India. Formerly known as GAD-TLC, it has trained more than 1,20,000 teachers through various training programmes since 2016. It has the mandate to train 15 lakh Higher Education Teachers for the NEP Sensitisation and Orientation Programme along with FIP, FDP and Refresher Courses which are recognised for CAS and NAAC. The Core Team of GAD-TLC has an expertise of developing e-content for 89 courses in e-PGPathshala Project and more than 50 MOOCs in Four Quadrant Format for SWAYAM platform of Govt. of India and the e-content produced by GAD-TLC has been rated as one of the best in quality at the National Level



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EXECUTIVE TEAM @ JANKI DEVI MEMORIAL COLLEGE, UNIVERSITY OF DELHI

PATRON



**PROF. SWATI PAL
PRINCIPAL**

JANKI DEVI MEMORIAL
COLLEGE, DU

THEME MENTOR



**DR. SATINDER SINGH REKHI
FOUNDER**

REKHI FOUNDATION FOR
HAPPINESS

CONVENOR



DR. SAKSHI BANSAL

CONVENOR



MS. DEEPTI SETHI

ABOUT, JANKI DEVI MEMORIAL COLLEGE, UNIVERSITY OF DELHI

Janki Devi Memorial College, is an A+ NAAC accredited and ISO 21001: 2018 and ISO 9001: 2015 certified premier women's college of the University of Delhi. The Institution was founded in 1959 by the famous Gandhian Shri Brij Krishan Chandiwal in memory of his mother Smt. Janki Devi.

JDMC aims to provide quality education to young women and empower them to become economically self-reliant, have the confidence to face the vicissitudes of a challenging society, contribute meaningfully to the community at large and acquire the capability to think, lead and change the world. The focus is on providing access and resources to develop an ecosystem of research, inculcating the values and principles of Indian philosophy and culture, and instilling a sense of pride, service, duty and responsibility to the nation and society.

ABOUT REKHI FOUNDATION FOR HAPPINESS

The Rekhi Foundation for Happiness was started by Dr. S.S. Rekhi and his wife Harpreet Rekhi in 2016 with the first happiness center being established at IIT Kharagpur. At Rekhi Foundation, the core belief that happiness is a skill that can be learned and cultivated. Each centre offers multiple courses, as well as, training programs and research.

THEMES OF FDP

**Cultivating
Happiness in
Institutes**

**Digital Well-
being in Learning
Spaces**

**Understanding
and Measuring
Happiness**

**Workplace
Happiness**

**Mind Mechanics:
CBT and Mindful
Tools for Joy**

**The Science of
Flourishing**

**Emotional Well-
being**

ELIGIBILITY FOR FDP:

- All Subject Teachers (Permanent/ Temporary/ Ad-hoc/ Contractual/ Guest from University/College) but must be presently in service
- Faculty members working in Universities and Colleges that are included under Section 2(f) of the UGC Act
- The Teachers of Colleges that do not yet come within the purview of Section 2(f), but have been affiliated to a University for at least three years, will be permitted to participate in the courses

IQAC Coordinator -Dr. Kush Gayasen
IQAC Deputy Coordinator - Dr. Shiwani
Burnwal

Co- convenor
Mr. Rohit Kumar Singh

Members:

Dr. Bijoyata Yonzon
Dr. Renuka Singh
Dr. Jyoti
Dr. Narayan Singh
Dr. Raju Keshari
Dr. Abhinav Mishra

Members:

Dr. Abhinub Kumar
Dr. Manish Chauhan
Dr. Shalini Singh
Dr. Vineeta Bhatt
Dr. Md. Zubeer Ahmed



सत्यमेव जयते

Ministry of Education

GURU ANGAD DEV MALAVIYA MISSION TEACHER TRAINING CENTRE

**SRI GURU TEGH BAHADUR KHALSA COLLEGE
UNIVERSITY OF DELHI, DELHI-110007**



GAD-MMTTC
(Also, GAD-TLC)



SGTB Khalsa College
University of Delhi

APPLICATION FORM CUM NOC

(*Please read the TERMS AND CONDITIONS as given in Poster of the Programme, before filling the application form)

Type of Programme/Course (FIP/FDP/Refresher Course):

Fill the following as per Poster:

Title:

Dates:

1. Name of the applicant (in Capital letters):

2. Father's/Mother's/Spouse Name:

3. Date of Birth: 4. Gender (Male/Female):

5. Category (General/ST/SC/Others):

6. Designation: 7. Date of Appointment:

8. Nature of Appointment (Permanent/Temporary/ Ad-Hoc/Others):

9. Name & Address of the Institution:

Name of Affiliating University:

10. Teaching Experience (In years): Ad-Hoc Temporary Permanent Total

11. Residential Address:

Mobile: E-mail:

Affix your recent
Passport size
Photograph

DECLARATION BY APPLICANT

I hereby declare that the entries made in this application form are correct.

I hereby undertake to participate in the Programme/Course and will attend & participate in all the requirements & parameters of assessments as per the guidelines & conditions of GAD-MMTTC, S.G.T.B. Khalsa College, and University of Delhi during the Programme/Course failing which I will not get certificate of completion.

Date:

Signature of the Applicant

NO OBJECTION BY HEAD OF THE INSTITUTION

I hereby forward the application of for the to be held in Online/Offline/Hybrid mode scheduled from being organized by GAD-MMTTC, SGTB Khalsa College, DU, Delhi. There is **No Objection** from the institution for her/him to participate in the same. He/She will be relieved from his/her duties to participate in the Programme/Course and provided Academic Leave as "ON-DUTY"

Date:

Signature and Seal
(Head of the Institution)



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STEPS TO REGISTER:

1. Fill the registration form via this link <https://forms.gle/9SNJy113edMHujan6> and provide your correct and complete information
2. At the end of the registration form, you will be asked to submit a NOC cum Application form.
3. Download the format for the NOC cum Application form via the link <https://bit.ly/COLLAB-APPL-FORM> complete it and upload it in the registration form

LAST DATE TO REGISTER - 27 NOVEMBER, 2025

Registration link:

[https://forms.gle/
9SNJy113edMHujan6](https://forms.gle/9SNJy113edMHujan6)

**CLICK ON THE LINK
OR SCAN THE QR TO
REGISTER**



IMPORTANT: Registration is not confirmation of participation. Mail will be sent by us for confirmation. If you get this mail and are not able to join, we will not allow you to join in any of our future fully-sponsored programmes; a prior timely intimation with only valid reason with proof will be admissible

**Contact CSE-JDMC, DU
Email: cse@jdm.du.ac.in**