



जानकी देवी मेमोरियल कॉलेज JANKI DEVI MEMORIAL COLLEGE

(दिल्ली विश्वविद्यालय)/(University Of Delhi)

सर गंगा राम अस्पताल मार्ग, नई दिल्ली-110060
Sir Ganga Ram Hospital Marg, New Delhi-110060

दूरभाष/Tel. : 49876630, ई-मेल/E-mail : jdmcollege@hotmail.com, वेबसाइट/Website : <http://jdm.du.ac.in>

आइ एस ओ 21001 : 2018 व आइ एस ओ 9001 : 2015 प्रमाणित एवं NAAC प्रत्यायित A+ महाविद्यालय
An ISO 21001 : 2018 and ISO 9001 : 2015 Certified and NAAC Accredited 'A+' College

Metric 7.1.6

Quality audits on environment and energy are regularly undertaken by the institution

7.1.6.1 The institutional environment and energy initiatives are confirmed through the following

1. Green audit
2. Energy audit
3. Environment audit
4. Clean and green campus recognitions/awards
5. Beyond the campus environmental promotional activities

ANSWER:

- A. All of the above

S.n o	Description
1	Green Audit - Conducted by a certified agency
2	Energy Audit -Conducted by a certified agency
3	Environment Audit -Conducted by a certified agency
5	Beyond the campus environmental promotional activities Listed below



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Supporting Document for Beyond the Campus Environmental Promotional Activities

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1. Outreach Activity

During the academic year 2024–25, the Community First Initiative, in collaboration with the Department of Human Development & Family Empowerment (HDFE), implemented a series of targeted community outreach programmes aimed at strengthening public health awareness and social responsibility. In January–February 2025, third-year HDFE students undertook community sensitization on the early identification of hearing disabilities in children, focusing on improving early detection and intervention. On February 4, 2025—World Cancer Day—the Department and Community First Initiative jointly conducted a community-based sensitization programme on Retinoblastoma, disseminating critical information on early screening for childhood eye cancer and distributing educational pamphlets. Between October 19–30, 2024, the Initiative organized the “Donate a Thali” campaign in partnership with the Love Care Foundation, distributing meals to children, women, and elderly residents in Kaushambi, Ghaziabad, for which participating students and the college received formal recognition. Further, during Joy of Giving Week (October 2–8, 2024), the Initiative actively celebrated Daan Utsav through the distribution of food items, stationery, and essential supplies in RHA slum clusters and neighbouring communities. Additionally, on September 30, 2024, the Initiative partnered with the Institute of Liver & Biliary Sciences and The Liver Care Foundation to conduct the SMILES (Stronger India through a Million Health Educated Students) programme, delivering expert-led awareness sessions on the risks of fatty liver disease. Collectively, these initiatives reflect the institution’s sustained commitment to community engagement, public health education, and socially responsive outreach.



Menstruation and Hygiene workshop - May 19, 2024



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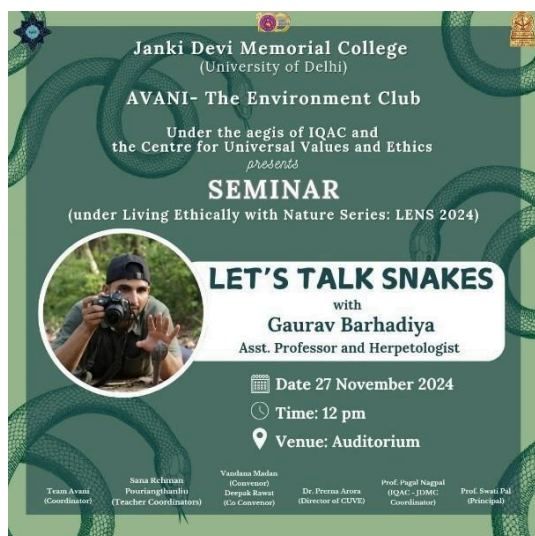
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2. Seminar on Ecological Significance of Snakes

On 27th November 2024, AVANI, the Environment Club of Janki Devi Memorial College, organized an educational seminar titled “Let’s Talk Snakes,” conducted under the *Living Ethical with Nature Series (LENS 2024)*. The session was facilitated by Dr. Gaurav Barhadiya, Assistant Professor and Herpetologist, who provided an in-depth understanding of the biological and ecological importance of snakes. Dr. Barhadiya highlighted the crucial role snakes play in maintaining ecological balance by controlling rodent populations, thereby reducing crop damage and limiting the spread of diseases. He clarified that snakes, contrary to common misconceptions, do not pose harm to humans unless provoked and emphasized that the majority of Indian snake species are non-venomous.

The seminar included an informative overview of snake species commonly found in India and the Delhi region—such as the Indian cobra, rat snake, and common krait—along with details on their habitats, behavioural patterns, and conservation status. Dr. Barhadiya actively debunked prevalent myths surrounding snakes and urged the audience to support conservation efforts by protecting natural habitats and promoting informed coexistence.

Overall, the seminar was well-received, engaging students in meaningful discussions and enhancing awareness of the ecological significance of snakes. The event effectively furthered the objectives of LENS 2024 by fostering a deeper understanding of ethical and sustainable interactions with nature.





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3. Disposal of waste in collaboration with Scrap Uncle

On October 9, 2024 Avani, The Environment Club of Janki Devi Memorial College—organised a paper recycling drive to promote environmental awareness and sustainability within the college community. The event aimed to encourage students and staff to donate paper waste for recycling. The drive saw enthusiastic participation, with several students and staff members bringing in their accumulated paper waste. By the end of the drive, a total of 70 tons of paper waste was collected. This initiative was organized in collaboration with "Scrapbook Uncle", a local recycling agent, to whom the collected paper was handed over for proper recycling. The event successfully contributed to waste reduction and emphasized the importance of recycling as a step towards environmental conservation. Avani continues to be a driving force in promoting sustainable practices within the college.


**JANKI DEVI MEMORIAL COLLEGE**
University of Delhi
AVANI: THE ENVIRONMENT CLUB
(under the aegis of IQAC)
in collaboration with
SCRAP UNCLE
INVITES YOU TO BE A PART OF
PAPER RECYCLING

Date : 09th October, 2024
Venue : Near AVANI board
(opp.staffroom)
Time : 11AM onwards


**जानकी देवी मेमोरियल कॉलेज**
दिल्ली विश्वविद्यालय
अवनि: पर्यावरण क्लब
(आईक्यूएसी के तत्वाधान में)
के सहयोग से
स्क्रैप अंकल
आपको इसका हिस्सा बनने के लिए आमंत्रित करता है
कागज पुनर्चक्रण

दिनांक : 09 अक्टूबर, 2024
स्थान : अवनि बोर्ड के पास
(अप.स्टाफरूम)
समय : सुबह 11 बजे से

**Sneha Pingolia**
Parl Singhal
Student coordinators

**Anuradha Goel**
Anuradha Goswami
coordinators

**Vandana Madan**
(Convenor, AVANI)
(Co Convenor, AVANI)

**Prof. payal Nagpal**
IQAC coordinator

**Prof. Swati Pal**
Principal

**श्रेया मिश्रा**
एवी क्लब
(सह संयोजक)

**अनुष्ठा पांडे**
अनुष्ठा पांडे
(सह संयोजक)

**कनका मल्ल (मोहक, अवनि)**
कनका मल्ल (एव. संयोजक, अवनि)

**प्रो. पायल नागपाल**
IQAC समन्वयक

**प्रो. स्वाति पाल**
प्राचार्य

5



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4. Create From Waste

On January 22, 2025, Janki Devi Memorial College, University of Delhi, in collaboration with AVANI: The Environment Club and under the aegis of IQAC, successfully organised the "Create from Waste" competition, where enthusiastic two-member student teams creatively transformed waste materials into jewellery items, promoting both sustainability and artistic innovation. Further extending its commitment to social responsibility, AVANI, under the aegis of IQAC, conducted a Winter Collection Drive in collaboration with GOONJ from January 20–31, 2025, collecting winter essentials for the underprivileged and making a meaningful community impact.





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5. Project Warmth

AVANI, the Environment Club, Janki Devi Memorial College (JDMC), under the aegis of IQAC, successfully organised a Winter Collection Drive in collaboration with GOONJ from January 20-31, 2025. The event aimed to collect winter essentials for the underprivileged and make a meaningful impact on the community. This initiative highlighted JDMC's commitment to social responsibility and sustainability.

Janki Devi Memorial College
(University of Delhi)

AVANI-The Environment Club
(under the Aegis of IQAC)

Invites you to participate in
WINTER COLLECTION DRIVE
(in collaboration with)
GOONJ
(JDMC as neighborhood centre with GOONJ)

Date :- 20th - 31st January, 2025
Collection area: Reception, JDMC
Time: 10 AM to 3 PM

For further query please contact
Anuradha gac: 9868808909
Anuradha Goswami: 9540664437
Vijay Pratap: 8860510960 (Admin Office)

Please mail screenshot of your contribution to
avani@jdm.du.ac.in

AVANI TEAM :

DRISHY PRINILLA PART COORDINATOR (STUDENT COORDINATOR)	ANURADHA GOEL ANURADHA GOSEWAMI (TEACHER COORDINATOR)	DEEPAK RANJIT (CO-CONVENOR)	VANDANA NAGAN (CONVENOR)	PROF. PAVAN NARPAL (IQAAC- JDMC COORDINATOR)	PROF. SWATI PAI (PRINCIPAL)
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जानकी देवी मेमोरियल कॉलेज
(दिल्ली विश्वविद्यालय)

अवनि-पर्यावरण क्लब
(आईक्यूएसी के तत्वावधान में)

आपको हमारे ध्यान देने के लिए आमंत्रित करता है
शीतकालीन संग्रहण अभियान
(हमके सहयोग से)
गून्ज
(गून्ज के साथ पड़ोस केंद्र के रूप में जेडीएमसी)

दिनांक:- 20 - 31 जनवरी, 2025
संग्रह क्षेत्र: रिसेप्शन, JDMC
समय: सुबह 10 बजे से दोपहर 3 बजे तक

आवश्यक सामग्री :
कंबल, रजार्ड, डरी, शॉल्स, मफलर्स, सॉक्स, ग्लोव्स, कुर्त, हीटर, इनर्स, Used Flex, Tarpaulin, Curtains, Bedsheet, Mattress etc.

अधिक जानकारी के लिए कृपया संपर्क करें:
अनुस्थापक संपर्क: 9868808909
अनुस्थापक मोबाइल: 9540664437
विजय प्रताप: 8860510960 (प्रशासन कार्यालय)

अवनि टीम:

मोक्ष विरोचिता जोडिफ ड्रीमर कैंप (जय संस्थापक)	अनुस्थापक अनुस्थापक मोबाइल (विश्वक-संस्थापक)	टीक रतन (सह संस्थापक) (अवनि)	वेदम मदन (संस्थापक)	डॉ. वसन्त नरमन (आईक्यूएसी-जेडीएमसी समन्वयक)	डॉ. सवित्री पंडा (प्रधानाचार्य)
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6. Avani participates in the Handmade paper making workshop

Avani successfully organised a Handmade Paper Making Workshop on October 20, 2024. The workshop effectively combined education and artistry, guiding attendees through each step of the paper-making process, from sourcing materials to forming and drying their own sheets. Participants appreciated the comprehensive nature of the instruction, which included demonstrations on various techniques such as embedding natural fibers and experimenting with colors.

The interactive format facilitated lively discussions, allowing participants to ask questions, share tips, and showcase their creations in real time. Many expressed a sense of camaraderie, connecting with fellow craft enthusiasts despite the physical distance. The instructor's enthusiasm and expertise contributed significantly to the workshop's positive atmosphere, inspiring many to consider handmade paper as a sustainable alternative for their own projects.

The connections made during the workshop were particularly noteworthy, as participants formed a supportive community that encouraged ongoing collaboration and sharing of ideas. Many expressed a newfound appreciation for sustainable practices, emphasizing the importance of repurposing materials in their creative endeavors. Overall, this event not only imparted valuable practical knowledge but also inspired a lasting commitment to sustainable artistic practices, laying the groundwork for future workshops and creative exploration in the realm of handmade paper art. The enthusiasm and engagement from participants highlighted the potential for continued growth and innovation within this vibrant community.

On October 17, 2024 Avani, The Environment Club and NSS, Janki Devi Memorial College, successfully organised a "Diya Making Workshop." The event, conducted under the aegis of the Internal Quality Assurance Cell (IQAC), aimed to promote sustainability and creative expression by encouraging participants to celebrate the festival of Diwali with eco-friendly handmade diyas.

The primary goal of the workshop was to encourage students to adopt eco-friendly practices during Diwali by creating their own handcrafted diyas using natural and



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sustainable materials.

The workshop began at 12:00 PM with an opening address by the Avani and NSS coordinators, who introduced the significance of celebrating Diwali in an environmentally conscious manner. Under their guidance, participants engaged in painting and decorating their diyas using a variety of artistic techniques. Student coordinators Ankita Arora and Meerangi Bhandari provided helpful tips on how to design unique and colorful diyas. The event saw enthusiastic participation from both students and faculty, who collaborated and experimented with different designs. The atmosphere was vibrant and festive, with students expressing their creativity and embracing the spirit of the festival. The Diya Making Workshop succeeded in fostering a sense of environmental responsibility while simultaneously nurturing creativity among the participants. Each student left the workshop with beautifully decorated diyas that could be used for their upcoming Diwali celebrations. The workshop was a team effort, made possible by the combined dedication of Avani and NSS coordinators, including the enthusiastic involvement of the student coordinators. The Diya Making Workshop was a highly successful and enjoyable event that celebrated the values of creativity and environmental consciousness. By crafting their own diyas, participants demonstrated how small changes in their festive practices On October 17, 2024 Avani, The Environment Club and NSS, Janki Devi Memorial College, successfully organised a "Diya Making Workshop." The event, conducted under the aegis of the Internal Quality Assurance Cell (IQAC), aimed to promote sustainability and creative expression by encouraging participants to celebrate the festival of Diwali with eco-friendly handmade diyas.

The primary goal of the workshop was to encourage students to adopt eco-friendly practices during Diwali by creating their own handcrafted diyas using natural and sustainable materials.



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JANKI DEVI MEMORIAL COLLEGE

(University of Delhi)

AVANI: The Environment Club

(under the aegis of IQAC)

organizes a workshop on

Handmade Paper Making

MATERIAL REQUIRED

- ★ USED PAPER
- ★ GRINDER
- ★ COTTON FABRIC
- ★ STAINER
- ★ SPONGE
- ★ TWO CONTAINERS
- ★ PAINTING COLOURS OF YOUR CHOICE

20th October, 2024

2pm onwards

Resource Person :- Sakshi

Join the meeting



Google Meet

जानकी देवी मेमोरियल कॉलेज

(दिल्ली विश्वविद्यालय)

अवनि: पर्यावरण क्लब

(आईक्यूएसी के तत्वावधान में)

पर एक कार्यशाला आयोजित करता है

हस्तनिर्मित कागज़ बनाना

आवश्यक सामग्री

- ★ प्रयुक्त कागज
- ★ ग्राइंडर
- ★ सूती कपड़ा
- ★ स्टेनर
- ★ स्पंज
- ★ दो कंटेनर
- ★ अपनी पसंद के रंग

20 अक्टूबर, 2024

दोपहर 2 बजे से

संसाधन व्यक्ति:- साक्षी

बैठक में शामिल हों



गूगल मीट

Ankita Arora (Student coordinators), Pouriangthani (Teacher coordinators), Vandana Madan (Convener, AVANI), Prof. Payal Nagpal (IQAC coordinator), Prof. Swati Pal (Principal)

अनिता अरोड़ा (छात्र समन्वयक), पुरीअंगथनी (शिक्षक समन्वयक), वंदना मदन (संयोजक, अवनि), प्रो. पायल नागपाल (आईक्यूएसी समन्वयक), प्रो. स्वाती पाल (प्रधान)

JANKI DEVI MEMORIAL COLLEGE

(University of Delhi)

AVANI: THE ENVIRONMENT CLUB

in collaboration with

NATIONAL SERVICE SCHEME, JDMC

Under the aegis of IQAC

invites you to

Diya Making Workshop

Materials required:

- ★ Medium Size Diyas
- ★ Painting Colours
- ★ Paint Brushes

Date : 17th October, 2024

Time : 12pm Onwards

Venue : Avani Board Near Staffroom

जानकी देवी मेमोरियल कॉलेज

(दिल्ली विश्वविद्यालय)

अवनि: पर्यावरण क्लब

इसके सहयोग से

राष्ट्रीय सेवा योजना, जेडीएमसी

आईक्यूएसी के तत्वावधान में

आपको आमंत्रित करता है

दीया बनाने की कार्यशाला

सामग्री की आवश्यकता:

- ★ मध्यम आकार के दीये
- ★ पेंटिंग के रंग
- ★ पेंट ब्रश

दिनांक: 17 अक्टूबर, 2024

समय: दोपहर 12 बजे से

स्थान: अवनि बोर्ड स्टाफरूम के पास

Ankita Arora (Student coordinators), Pouriangthani (Teacher coordinators), Vandana Madan (Convener, AVANI), Prof. Payal Nagpal (IQAC coordinator), Prof. Swati Pal (Principal)

अनिता अरोड़ा (छात्र समन्वयक), पुरीअंगथनी (शिक्षक समन्वयक), वंदना मदन (संयोजक, अवनि), प्रो. पायल नागपाल (आईक्यूएसी समन्वयक), प्रो. स्वाती पाल (प्रधान)



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(दिल्ली विश्वविद्यालय)/(University Of Delhi)

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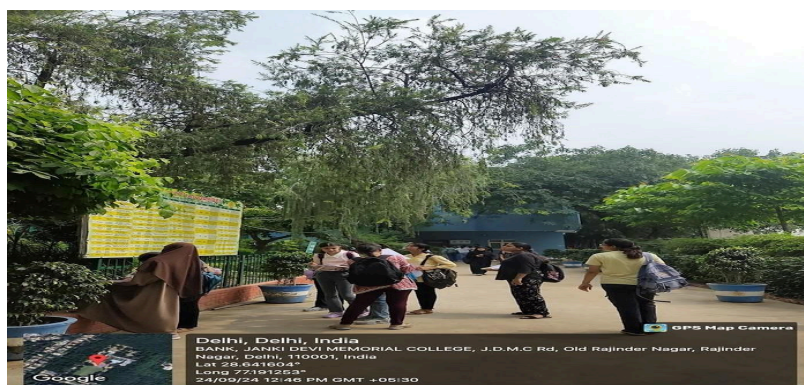
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7. Green Treasure Hunt

Avani, The Environment Club organised an exciting event titled “Green Treasure Hunt” on September 24, 2024 aimed at first year students. This event was designed to increase awareness of the campus diverse plant life while making learning fun and interactive.

The participants were given questions that led them to discover different plant species on campus within a one-hour time frame. Volunteers were actively involved in explaining the objective of the treasure hunt guiding students through the process. The enthusiasm and curiosity of the students were evident as they ventured out eager to solve the clues and identify the plants.

At the end of the event prizes were awarded to the winners. Overall, the event was a success as it not only engaged the students but also highlighted the rich variety of plant life on the campus, fostering an appreciation for the environment.





JANKI DEVI MEMORIAL COLLEGE
(University of Delhi)

AVANI- The Environment Club
Under the aegis of IQAC

Invites all JDMC freshers for
"Green Treasure Hunt"
Under
SWACHHATA PAKHWADA

 **Date: 24th September, 2024**
 **Time: 11:30-1pm**
 **Venue: Auditorium**

APARNA BHUMI GUPTA (STUDENT COORDINATOR)	VANDANA MADAN ANURADHA GOSWAMI DR. AARTI (TEACHER COORDINATORS)	VANDANA MADAN (CONVENOR) DEEPAK RAWAT (CO CONVENOR)	PROF. PAYAL HASPAL (IQAC - JDMC COORDINATOR)	PROF. SWATI PAL (PRINCIPAL)
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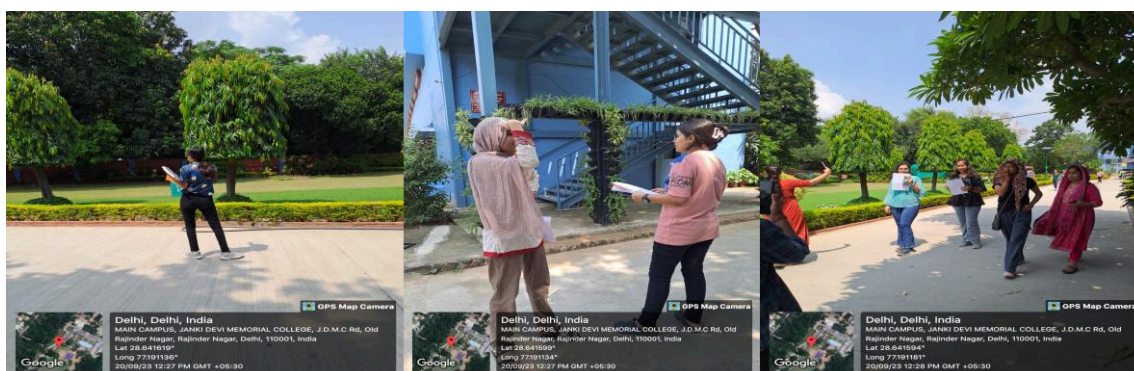
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Green Treasure Hunt



8. Avani disposes of Paper Waste

Avani, the Environment Club JDMC disposed of its paper waste for recycling to Scrap Uncle on September 18, 2023. A total of 88 kilos of paper waste was handed over.

9. Swacchata Pakhwada, 2024

On September 26, 2024 Avani, The Environment Club, JDMC under the aegis of IQAC successfully celebrated the World Environment Health Day. As part of the college's commitment to sustainability and environmental consciousness, the day was marked by observing a No Vehicle Day.

This initiative was held under the broader program of Swacchta Pakhwada, encouraging the college community to reduce their carbon footprint and promote a healthier environment on campus. All vehicles, except for emergency and assisted vehicles, were prohibited from entering beyond the main road. This restriction aimed to raise awareness about the harmful impacts of vehicular pollution and the importance of adopting sustainable practices.

The event witnessed enthusiastic participation from students, faculty, and staff, who embraced alternative methods of commuting such as walking, cycling, and carpooling. It not only reduced noise and air pollution but also fostered a sense of responsibility towards a cleaner environment.



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JANKI DEVI MEMORIAL COLLEGE
(University of Delhi)
AVANI- The Environment Club
(under the Aegis of IQAC)
invites everyone to celebrate
WORLD ENVIRONMENT HEALTH DAY
Under
SWACHTA PAKHWADA
by observing
NO VEHICLE DAY
No vehicle will be allowed beyond the main road except
• Emergency vehicles
• Assisted vehicles
ON
September 26, 2024

Team Avani (Coordinator) Vandana Madan (Convenor, Avani) Deepak Rawat (Co-Convenor, Avani) Prof. Payal Nagpal (IQAC - JDMC Coordinator) Prof. Swati Pal (Principal)





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10. GOONJ Drive

Floods are among the most devastating natural disasters, often resulting in widespread destruction, displacement of communities, and severe economic losses. The recent flooding in Delhi has had a profound impact, leaving thousands without homes, access to clean water, and essential supplies. In response to this crisis, a flood donation drive was initiated from August 1 to 15, 2024 by Avani in collaboration with Goonj to support the relief efforts aimed at providing immediate and long-term assistance to those affected. The drive was conducted over a period of 15 days where students and teachers played a pivotal role in contributing significant amount of clothes, shoes, essential supplies, and food items. This drive showcased Avani's compassion and concern for humanity as all its members came together to support those affected by the floods. The contributions made by both students and teachers have been invaluable in providing much-needed relief to the flood victims. On August 21, 2024 55 cartons of essential items collected as a part of this drive were sent to the Goonj center.



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Janki Devi Memorial College
(University of Delhi)
AVANI- The Environment Club
(under the Aegis of IQAC)
Invites you to participate in
Flood Relief Neighborhood Collection Drive
(in collaboration with)
GOONJ
AUGUST 1 - AUGUST 15, 2024

Collection Area: Reception, JDMC
Time: 10 AM to 3 PM

FOR CASH CONTRIBUTION
ACCOUNT NO : 8594101053236
ACCOUNT NAME: AVANI
IFSC CODE : CNRB0008594
MICR CODE : 110015047
BRANCH : JANKI DEVI MEMORIAL COLLEGE

Please mail a screenshot of your contribution to avani@jdm.du.ac.in

Materials Required:
Dry ration, Ready-to-eat food, utensils, sanitary pads, solar lights, blankets, clothes (including new undergarments), basic medicines, chlorine tablets, bleaching powder, mosquito nets, raincoats, umbrella, tarpaulins, toiletries and school material

For further query please contact
Anuradha Goel: 9868800909
Anuradha Goswami: 9540666437
Vijay Pratap: 8860510960 (Admin Office)

AVANI TEAM:
SHEHA PINGOLIA (STUDENT COORDINATORS)
ANURADHA GOEL (TEACHER COORDINATORS)
DEEPAK RAWAT (CD - COVENOR)
VANDANA MADAN (COVENOR)
PROF. PAYAL NAGPAL (IQAC - JDMC COORDINATOR)
PROF. SWATI PAL (PRINCIPAL)

जानकी देवी मेमोरियल कॉलेज
(दिल्ली विश्वविद्यालय)
(आईक्यूएसी के तत्वावधान में)
अवनि- पर्यावरण क्लब
(आपको इसमें भाग लेने के लिए आमंत्रित करता है)
बाढ़ राहत पड़ोस संग्रह अभियान
(इसके सहयोग से)
गूज
1 अगस्त - 15 अगस्त, 2024

संग्रह क्षेत्र: स्वागत कक्ष, जेडीएमसी
समय: सुबह 10 बजे से दोपहर 3 बजे तक

नकद योगदान के लिए
ACCOUNT NO : 8594101053236
ACCOUNT NAME: AVANI
IFSC CODE : CNRB0008594
MICR CODE : 110015047
BRANCH : JANKI DEVI MEMORIAL COLLEGE

कृपया अपने भुगतान के स्क्रीनशॉट दिए गए ईमेल पर भेजें:
avani@jdm.du.ac.in

सामग्री की आवश्यकता:
सूखा राशन, तैयार भोजन, बर्तन, सैनिटरी पैड, सोलर लाइट, कंबल, कपड़े (नए अंडरगार्मेंट्स सहित), बुनियादी दवाइयाँ, क्लोरीन की गोलियाँ, ब्लीचिंग पाउडर, मच्छरदानी, रैनकोट, छाता, तिरपाल, प्रसाधन सामग्री और स्कूल सामग्री

आगे की जानकारी के लिए:
अनुपमा गोयनका: 9868800909
अनुपमा गोयनका: 9540666437
(विश्वक समन्वयक)
विजय प्रताप: 8860510960
(जयक समन्वयक)

अवनि टीम:
श्रेया पिंगोलिया (छात्र समन्वयक)
अनुपमा गोयनका (विश्वक समन्वयक)
दीपक रावत (सह-संयोजक)
मनका मदन (संयोजक)
प्रो. पायल नागपाल (आईक्यूएसी समन्वयक)
प्रो. स्वाति पाल (प्रधानाचार्य)



From July 10 to August 8, 2024 students took part in a daily Environmental Challenge, exploring simple yet impactful ways to reduce waste, conserve resources, and cultivate sustainable habits. Each day focused on a specific action or behavior aimed at reducing waste, conserving resources, and fostering eco-friendly habits



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1. **Air-Dry Clothes:** Avoiding the use of clothes dryers, students opted for air-drying their clothes, significantly reducing energy consumption. This simple practice not only saves power but also prolongs the life of clothing. By hanging clothes to dry, students conserved energy and minimized their carbon footprint.
2. **Composting Basics:** A small compost bin was set up to collect food scraps, diverting waste from landfills and creating nutrient-rich soil. This initiative promoted sustainable waste management, reduced greenhouse gas emissions, and fostered an understanding of the importance of soil conservation. Students learned to turn waste into a valuable resource.
3. **Reusable Revolution:** Students made a conscious switch to reusable water bottles, coffee cups, and shopping bags, dramatically reducing single-use plastics. This change minimized waste, conserved natural resources, and decreased plastic pollution. By adopting reusable products, students significantly lowered their environmental impact and promoted a culture of sustainability.
4. **Waste Audit:** Participants conducted a thorough waste audit, collecting and categorizing their daily waste to identify areas for improvement. This exercise revealed patterns of consumption, highlighting opportunities to reduce, reuse, and recycle. By understanding their waste generation, students could make informed choices to minimize their ecological footprint.
5. **Unplugging Practice:** Students developed a habit of unplugging devices, turning off lights, and conserving energy. This simple practice significantly reduced standby power consumption, lowered energy bills, and decreased carbon emissions. By being mindful of energy usage, students contributed to a more sustainable future and developed environmentally responsible habits.

The 30-Day Environmental Challenge successfully engaged students in sustainable practices, reducing waste and resource consumption. Students gained awareness of their environmental impact and committed to eco-friendly behaviors. The challenge fostered community and empowerment, inspiring continued sustainability efforts. It proved an effective initiative, demonstrating practical steps to reduce environmental footprint and inspiring a broader movement towards a sustainable future, encouraging ongoing practice and advocacy.



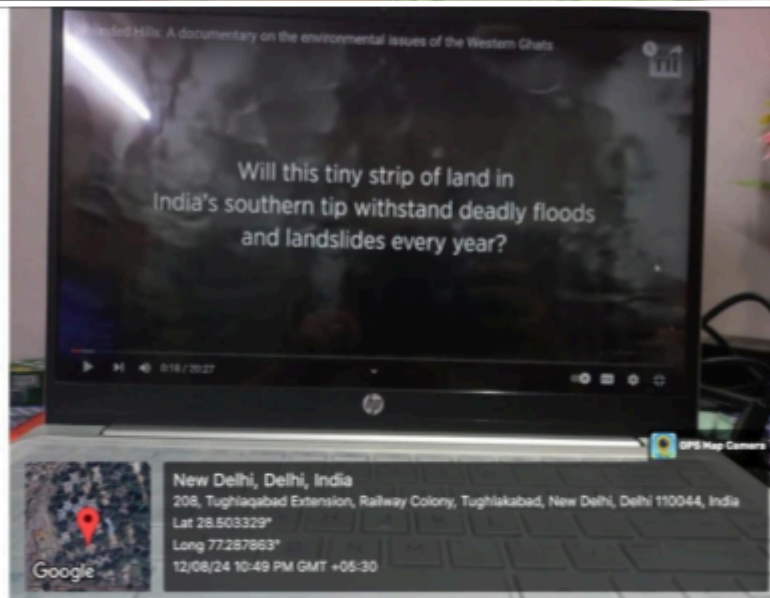
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Just watched a documentary on the Western Ghats' environmental issues.
It's alarming to see the threats from deforestation and climate change.
The film underscores the urgent need for conservation to protect this crucial ecosystem.