



WORLD ANTI- DRUGS DAY '21
Awareness sessions and poster making activity.

NATIONAL CADET CORPS, JANKI DEVI MEMORIAL COLLEGE, DU.



Janki Devi Memorial College, NCC organised a virtual awareness session "World Anti-Drug Day" on 26th June with all the NCC cadets and a poster making activity from 24-26th June.

World Anti-Drug Day or International day against drug abuse and illicit drug trafficking is celebrated every year on 26th June with the purpose of creating awareness, strengthening action and cooperation in order to make the world free of drug abuse. Every year individuals, organisations and communities join hands for the purpose.

Theme for the year 2021 is "Better Knowledge for Better Case." This emphasizes the need to improve understanding drugs problem and how knowledge can foster impacts on health, governance and security.

Poster making activity required cadets to make a poster regarding ill effects of drug abuse, either on paper or digitally, and share to create awareness.

The awareness session started with the introduction to what do we understand by drugs. There are two types of drugs- legal and illegal. The legal drugs are the once used to cure diseases through medications. However, illegal drugs are those which are for recreational purposes and have a hazardous impacts on human body. These drugs are addictive in nature. Once we start having them, it gradually becomes impossible to resist.



The session further addressed the questions such as why do people start drugs? And what are its consequences. People give various reasons for the use of drugs, it can vary from age to age and person to person. From peer pressure to stress relief, there are endless justifications. The harmful nature of drugs, however, will have no mercy. There are social, physical, psychological and economic ill effects of consuming drugs. A person gets devoid of the real life. A person does not consume drugs, rather drugs consumes human life slowly. Hence, it's important to Say NO and stay away from drug consumption in any form.

We had discussions and interacted regarding the steps that we must take in order to stop consumption in our locality. We shared our life instances where we saw drug abuse. Creating awareness and being a helping hand serves as the best solution to bring people out of the abuse. Apart from individual level, state should ensure access of rehabilitation centres. The session was indeed full of knowledge, awareness and interactions. Say NO- make this world a better place to be !

Thank You.



Janki Devi Memorial College
(University of Delhi)



National Cadet Corps-5DGBN

celebrates

WORLD ANTI DRUGS DAY

26th June, 2021

Theme : *Share facts on Drugs, Save Lives.*

Events :

Drug Awareness Session

Date: 26th June, 2021
Time: 3:30 pm onwards
Venue: Google Meet

Poster Making Activity

24-26th June, 2021



Debahuti Brahmachari
CTO

Prof. Swati Pal
Principal