PAPERS OFFERED AS VAC

S.No	Academic Year	Offered by (Department)	Type	Sem	Paper	Description	No. of Seats	Courses to which this paper is offered
1	2024-25	Commerce	VAC	1	Digital Empowerment	Eligibility: Pass in class XII The Learning Objectives of this course are to understand the digital world and the need for digital empowerment, create awareness about Digital India, and also explore, communicate, and collaborate in cyberspace. Building awareness about cyber safety and security.	60	All Honours and Programme Courses
2	2024-25	Commerce	VAC	1	Financial Literacy	Eligibility: Pass in class XII The learning objectives of this course are to familiarize students with different aspects of financial literacy, such as savings, investment, taxation, and insurance. Understand the relevance and process of financial planning. Promote financial well-being.	60	All Honours and Programme Courses
3	2024-25	Economics	VAC	1	Financial Literacy	Objectives: This course will familiar the students with different aspects of financial literacy such as savings, investment, taxation and insurance. It will enable to understand the relevance and process of financial planning, and hence promote financial well-being. Learning Outcomes: To develop proficiency for personal and family financial planning, apply the concept of investment planning, ability to analyse banking and insurance products and personal tax planning.	120	All Honours and Programme Courses
4	2024-25	English	VAC	1	Social and Emotional Learning	The course seeks to enhance the emotional and social IQ of the students. Through an interdisciplinary approach including, psychology, sociology, literature, and cultural analysis the course enables the students to have a harmonious relationship with their peers and themselves. It helps the students to understand and reevaluate the value of mindfulness, gender politics, power politics, social media, career pressure, family pressure, social discrimination, and similar issues at large. Popular culture and understanding the trends of a generation is the center of this course.	120	All Honours and Programme Courses

5	2024-25	English	VAC	1	The Art of being Happy	In an increasingly busy world it is important to gain the tools to learn how to cultivate happiness. This VAC offers a deep insight into both theory and practice to the art and process of being happy. It aims to synthesize the insights developed by Human Development experts, Psychologists, Anthropologists on one hand, and the intellectual traditions of Vedantic Philosophy and Indology on the other towards the experience of happiness. It also will illustrate various factors that determine the subjective experience of happiness in a cross cultural context. By the end of the course, the students shall be able to evaluate the factors contributing to the phenomenon of happiness in the personal, familial and community life of an individual in different cultures in the Indian context. They will be able to develop healthy interpersonal relationships and wellbeing cherishing the values of Indian culture and philosophy. Students will also be able to relate to the global phenomenon of sustainable development and become sensitive to the needs of the planet.	120	All Honours and Programme Courses
6	2024-25	Hindi	VAC	1	भारतीय भक्ति परंपरा और मानव मूल्य	भारतीय भक्ति की महान परंपरा ,प्राचीनता और इसके अखिल भारतीय स्वरुप से छात्रों का परिचय कराना !	60	All Honours and Programme Courses
7	2024-25	Hindi	VAC	1	साहित्य,संस्कृति और सिनेमा	साहित्य,संस्कृति और सिनेमा का ज्ञान प्रदान करना !	60	All Honours and Programme Courses
8	2024-25	History	VAC	1	Gandhi and Education	The paper discusses the teachings of Gandhi and its relevance in the modern day education.	120	All Honours and Programme Courses
9	2024-25	History	VAC	1	Ethics and Culture	Ethics and culture	60	All Honours and Programme Courses
10	2024-25	History	VAC	1	साहित्य संस्कृति और सिनेमा	Check syllabus	60	All Honours and Programme Courses
11	2024-25	Mathematics	VAC	1	Digital Empowerment	The Learning Objectives of this course are to understand the digital world and the need for digital empowerment, create awareness about Digital India, and also explore, communicate, and collaborate in cyberspace. Building awareness about cyber safety and security.	60	All Honours and Programme Courses

12	2024-25	Mathematics	VAC	1	VEDIC MATHEMATICS - I	The Learning Outcomes of the course are • Overcome the fear of maths • Improved critical thinking • Familiarity with the mathematical underpinnings and techniques • Ability to do basic maths faster and with ease. • Appreciate the Mathematical advancements of Ancient India.	60	All Honours and Programme Courses
13	2024-25	Philosophy	VAC	1	Art of Being Happy	The student will learn to develop a positive mindset. The student will also be doing certain practical exercises that will teach them how to have healthy relationships. The paper is taught in both Hindi and English medium.	60	All Honours and Programme Courses
14	2024-25	Physical Education	VAC	1	Fit India	This course will encourage physical activity through engaging the students in sports and yoga, and students will understand the importance of a balanced diet. Build skills for self-discipline, self-confidence, cooperation, and teamwork. Promote fitness as a joyful activity	60	All Honours and Programme Courses
15	2024-25	Political Science	VAC	1	Constitutional Values and Fundamental Duties	This paper introduces values embedded in the Indian constitution and importance of fundamental duties.	80	All Honours and Programme Courses
16	2024-25	Political Science	VAC	1	Culture and Communication	This paper introduces the traditional values disseminated from Indian cultural heritage and to develop communication skills,	80	All Honours and Programme Courses
17	2024-25	Sanskrit	VAC	1	PANCHKOSHA: HOLISTIC DEVELOPMENT OF PERSONALITY (BILINGUAL)	पंचकोश: व्यक्तित्व का समग्र विकास " नामक प्रस्तुत पत्र में व्यक्तित्व के समग्र विकास के लिए प्राणमय, मनोमय, विज्ञानमय और आनंदमय कोश आदि पंचकोश की अवधारणा को बताया गया है । यह पत्र छात्रों में स्वयं, परिवार और समाज के प्रति सकारात्मक दृष्टिकोण विकसित करने में और पंचकोश की समझ प्रदान कर व्यक्तित्व निर्माण में मार्गदर्शक के समान सहायक सिद्ध होगा। इसे पढ़कर छात्रों की शारीरिक और मानसिक स्वास्थ्य में वृद्धि होगी। यह पत्र छात्रों के लिए कार्य के दबाव व तनाव से मुक्ति देने में, एकाग्रता में सुधार करने में, समग्र संतुलित और परिपक्व दृष्टिकोण प्रदान करने में सहायक होगा।	60	All Honours and Programme Courses

18	2024-25	Sociology	VAC	1	Social and	The course 'Social And Emotional Learning' is	60	All Honours and
					Emotional Learning	interdisciplinary in nature, inclusive of knowledge from		Programme Courses
						disciplines like psychology, sociology, literature and cultural		
						studies. It aims to augment and develop the social and		
						emotional intelligence of students and empower their problem-		
						solving and lifestyle choices. Students will be encouraged to		
						have meaningful discussions and relations with their family,		
						peers and society. It will also enable them to understand the		
						impact of society in their life through family, career, gender		
						politics and popular culture, and make well-informed choices.		
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S.No	Academic Year	Offered by (Department)	Type	Sem	Paper	Description	No. of Seats	Courses to which this paper is offered
1	2024-25	Commerce	SEC	1	Finance for Everyone	Eligibility: Pass in class XII The learning objectives of this course offer an integrated approach to understanding the concepts and applications of financial planning and also to help the students in their financial planning.	60	All Honours and Programme Courses
2	2024-25	Commerce	SEC	1	Digital Marketing	Eligibility: Pass in class XII The learning objectives of this course are to acquaint the students with the knowledge of the growing integration between traditional and digital marketing concepts and practices in the digital era. To familiarize the students with the tools and techniques used by digital marketers for driving marketing decisions to attain marketing objectives.	60	All Honours and Programme Courses
3	2024-25	Economics	SEC	1	Basic IT Tools	This paper enables students to develop IT skills that are a prerequisite in today's work environment and to equip basic computing skills that will enhance their employability in general. This course enable the student to analyse and present information in a meaningful manner. Learning Outcomes: By studying this course, students will be able to manage data in worksheets and workbooks and analyse it using spreadsheet functions and inbuilt formulas. The students will be able to make meaningful representations of data in the form of charts and pivot tables.	120	All Honours and Programme Courses
4	2024-25	English	SEC	1	Communication in Everyday Life	The SEC Communication in Everyday Life course has been evolved to help students become effective communicators and mediators. It will help them develop communication skills equipped for various social contexts and interpersonal relationships. The course will also enhance their understanding of everyday social reality and help them in developing their own perspective to it.	120	All Honours and Programme Courses

5	2024-25	English	SEC	1	Visual Communication and Photography	This course aims to synthesise a comprehensive view of principles involved in visual communication. The students will be trained in appreciation and expression of modern mediums like photography and more traditional visual arts. This will help the students understand the cultural and historical significance of these media, and to use them in their personal and professional lives. After this course, the students will be able to create and analyse photographs. It will also help them in understanding the underlying theoretical and thematic issues present in photographs. The final aim is develop the skills of the budding artists/photographers in the students of this course.	60	All Honours and Programme Courses
6	2024-25	Hindi	SEC	1	रचनात्मक लेखन	विद्यार्थियों के मौखिक और लिखित अभिव्यक्ति कौशल को विकसित करना !	60	All Honours and Programme Courses
7	2024-25	Hindi	SEC	1	पटकथा लेखन	पटकथा लेखन का ज्ञान प्रदान करना !	60	All Honours and Programme Courses
8	2024-25	History	SEC	1	LIFE SKILL EDUCATION	The Learning Objectives of this course are as follows: • To impart life skills education in field work practice • To strengthen life skills for career building, critical thinking, attitudinal base for innovate leadership • To learn the application of life skills in diverse field work settings	60	All Honours and Programme Courses
9	2024-25	History	SEC	1	Working with People	The learning objectives of this course are as follows: • To inculcate values in strengthening knowledge and skills in field work practice learning • To develop aptitude and attitude to work in the field • To enhance skills of self-awareness, self-development, goal setting and time management	60	All Honours and Programme Courses
10	2024-25	History	SEC	1	Sustainable Ecotourism & Entrepreneurship	The Learning Objectives of this course are as follows: • To train students in concepts and principles of sustainable ecotourism leading to a new generation of entrepreneurs • To inculcate field-based practical skills in translating ecological systems into wealth generation while conserving natural resources • To transform local biological wealth into a hub of global attraction and generate a scientific basis of Indian traditional knowledge	60	All Honours and Programme Courses

11	2024-25	Mathematics	SEC	1	E-Tourism	The Learning Objectives of this course are as follows: • To learn about the application of e-business in tourism sector with understanding of contemporary issues of the use of electronic technology in the tourism business. • To learn about e-business strategies and how to apply it to help them comprehend a variety of basic e-business ideas and theories. • To teach fundamental concept of what e-business is and how to conduct e-business successfully in the tourism sector.	60	All Honours and Programme Courses
12	2024-25	Mathematics	SEC	1	IT Skills and Data Analysis - I	By the end of the course students will be able to 1. Represent and interpret data in tabular and graphical forms 2.Understand and interpret the measures of central tendency and dispersion. 3. Use IT tools such as spreadsheets to visualise and analyse data	60	All Honours and Programme Courses
13	2024-25	Mathematics	SEC	1	Programming using Python	The Learning Objectives of this course are as follows: • To provide exposure to basic problem-solving techniques with computers • To develop logical thinking abilities and to propose novel solutions for real-world problems through programming language constructs. • To deepen the empirical knowledge on applying programming in business domains.	60	All Honours and Programme Courses
14	2024-25	Philosophy	SEC	1	Yoga In Practice	The paper is an SEC practical paper. The students will be taught certain yoga practices and how to learn certain techniques to lead a stress free life. The department calls experts to give lectures to students. The course is offered in both Hindi and English medium.	60	All Honours and Programme Courses
15	2024-25	Political Science	SEC	1	Life skill Education	This paper introduces different life skills and their importance in daily life.	120	All Honours and Programme Courses

16	2024-25	Sanskrit	SEC	1	Rangmanch	नाटकीय क्रियाओं का सजीव प्रदर्शन रंगमंच है। रंगमंच दुनिया भर की संस्कृतियों में सबसे पुराने और सबसे महत्वपूर्ण कला रूपों में से एक है। यह अभिनय, गायन और नृत्य के साथ-साथ उत्पादन के तकनीकी पहलुओं पर भी अलग-अलग डिग्री पर निर्भर करती हैनाटकीय क्रियाओं का सजीव प्रदर्शन रंगमंच है। रंगमंच दुनिया भर की संस्कृतियों में सबसे पुराने और सबसे महत्वपूर्ण कला रूपों में से एक है। यह अभिनय, गायन और नृत्य के साथ-साथ उत्पादन के तकनीकी पहलुओं पर भी अलग-अलग डिग्री पर निर्भर करती है ऐसा माना जाता है कि रंगमंच की सबसे प्रारंभिक उत्पत्ति धार्मिक अनुष्ठानों में हुई थी। रंगमंच का अध्ययन छात्रों को कलात्मक कौशल विकसित करने और सहयोग, आलोचनात्मक सोच, रचनात्मक समस्या-समाधान और प्रभावी संचार के लिए उनकी क्षमताओं को विकसित करने के साथ-साथ कई दृष्टिकोणों से दुनिया की खोज में संलग्न करता है। नाटक आत्म-विश्वास बढ़ाता है भावनाओं पर मजबूत नियंत्रण करता है नाटक रचनात्मक अभिव्यक्ति सक्षम करता है अनुशासन को बढ़ावा देता है शैक्षिक प्रदर्शन में वृद्धि करता है शैक्षिक प्रदर्शन में वृद्धि करता है शिक्षक प्रदर्शन में वृद्धि करता है सहत्वपूर्ण जीवन कौशल सिखाता है	60	All Honours and Programme Courses
17	2024-25	Sociology	SEC	1	Life Skill Education	The LSE paper aims to engage students in a process of introspection and engagement with their abilities and potentialities. The paper attempts to involve students in activities focused on critical and analytical thinking, social communication, taking on challenges and coping mechanisms. The paper will be taught through balanced theoretical and practical components.	60	All Honours and Programme Courses

				PA	PERS OFFERE	CD AS GE LANGUAGE		
S.No	Academic Year	Offered by (Department)	Туре	Sem	Paper	Description	No. of Seats	Courses to which this paper is offered
1	2024-25	English	GE Language	1	English Language through Literature I	The objectives of the course titled English Language Through Literature 1, are to develop in students the ability and confidence to process, understand and examine different kinds of texts - verbal and written-that they encounter in everyday life. It will enable students to identify and understand social contexts and ethical frameworks in the texts that they encounter. It will encourage suitable research – to recognize sources; to distinguish fact from opinion/editorialization; produce objective versus subjective pieces.	120	B.A.(P) and B.Com
2	2024-25	English	GE Language	1	English Fluency I	The Learning Objectives of the course titled English Fluency 1 are to teach students to describe or express their opinions on topics of personal interest such as their experiences of events, their hopes and ambitions. The student will learn to read and understand information on topical matters and explain the advantages and disadvantages of a situation. They will also learn how to write formal letters, personal notes, blogs, reports and texts on familiar matters.	60	B.A.(P) and B.Com
3	2024-25	English	GE Language	1	Digital Communication I	The Learning Objectives of the course titled Digital Communication 1 are to hone skills for online communication and provide interpersonal skills required in the digital world. The students will learn to effectively present themselves in personal and professional capacities using online mediums.	60	B.A.(P) and B.Com
4	2024-25	Hindi	GE Language	1	हिंबी:भाषा और साहित्य-क (IF STUDIED HINDI UPTO CLASS 12TH)	हिंदी भाषा और साहित्य की सामान्य जानकारी प्रस्तुत करना !	120	B.A.(P)
5	2024-25	Hindi	GE Language	1	हिंदी:भाषा और साहित्य-ख (IF STUDIED HINDI UPTO CLASS 10TH)	हिंदी भाषा और साहित्य की सामान्य जानकारी प्रस्तुत करना !	120	B.A.(P)

6	2024-25	Hindi	GE Language	1	हिंदी:भाषा और साहित्य-ग (IF STUDIED HINDI UPTO CLASS 8TH)	हिंदी भाषा और साहित्य की सामान्य जानकारी प्रस्तुत करना !	60	B.A.(P)
7	2024-25	Hindi	GE Language	1	उद्भव और विकास - क	हिंदी भाषा और साहित्य का सामान्य ज्ञान प्रदान करना ! FOR B.COM STUDENTS STUDIED UPTO 12TH.	60	B.Com
8	2024-25	Hindi	GE Language	1		हिंदी भाषा और साहित्य का सामान्य ज्ञान प्रदान करना ! FOR B.COM STUDENTS STUDIED UPTO 8TH.	60	B.Com
9	2024-25	Sanskrit	GE Language	1	Basic Principles of Ayurveda	Ayurveda, the ancient system of medicine from India, is based on several foundational principles that guide its practices and treatments. It also emphasizes on the holistic approach to health and wellness, including nutrition. According to Ayurveda, proper nutrition is key to maintaining balance and promoting health.	60	B.A.(P) and B.Com

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S.No	Academic Year	Offered by (Department)	Type	Sem	Paper	Description	No. of Seats	Courses to which this paper is offered
1	2024-25	Commerce	GE	1	Business Organisation	Eligibility: pass in class XII The course aims to familiarize the students with forms of business organization and contemporary issues.	60	All Honours Courses except B.Com(H)
2	2024-25	Commerce	GE	1	Marketing for Beginners	Eligibility: pass in class XII The structure of this course is to provide a basic understanding of concepts, principles, tools, and techniques of marketing and to provide knowledge about various developments in the marketing scenario in India.	60	
3	2024-25	Economics	GE	1	Principles of Microeconomics-I	Course Objective This course intends to expose the student to the basic principles in Microeconomics and their applications. The course will illustrate how microeconomic concepts can be applied to analyse real-life economic situations. Course Learning Outcomes The students learn some basic principles of microeconomics and interactions of supply and demand, characteristics of perfect competition, efficiency and welfare	120	All Honours Courses except Economics Honours
4	2024-25	English	GE	1	Readings on Indian Diversities and Literary Movements	This course offers insight into the cultural diversity of India from literary currents of various languages. It explores how social and cultural contexts of India were conducive to the development of particular forms of literature. Students will be introduced to oral and non-mainstream traditions of Indian Literature and how to read and engage with them. There will be a focus on Sufi and Bhakti Traditions, language politics of Hindi and Urdu, Tribal and Dalit Literatures, Women's Literature etc. Through this course students will be able to broaden their ideas about literature and encourage them in diverse modes of thought.	120	All Honours Courses except English Honours
5	2024-25	Hindi	GE	1	हिंदी सिनेमा और उसका अध्ययन	for other hons.	60	All Honours Courses except Hindi Honours

6	2024-25	History	GE	1	Delhi through the Ages: The Making of its Early Modern History	History of Delhi from early medieval period to the early modern period	60	All Honours Courses
7	2024-25	History	GE	1	Culture and Everyday Life in India	The paper discusses the importance of culture and its understanding in the Indian context	60	except History Honours
8	2024-25	History	GE	1	भारत में संस्कृति और रोजमर्रा की जिंदगी	यह पेपर भारत में संस्कृति और रोजमर्रा की जिंदगी के महत्व और समझ पर चर्चा करता है	60	
9	2024-25	Mathematics	GE	1	FUNDAMENTALS OF CALCULUS	Important Note-Eligibility Criteria: Class XII pass with Mathematics Upon completion of this course, students will be able to: • Understand continuity and differentiability in terms of limits. • Describe asymptotic behavior in terms of limits involving infinity. • Understand the importance of mean value theorems and its applications. • Learn about Maclaurin's series expansion of elementary functions. • Use derivatives to explore the behavior of a given function, locating and classifying its extrema, and graphing the polynomial and rational functions.	60	All Honours Courses except Mathematics Honours
10	2024-25	Philosophy	GE	1	Ethics in Public Domain	The course aims to develop an ethical perspective amongst the students. The paper is an extremely scoring paper and is an interesting take on various ethical issues.	60	All Honours Courses
11	2024-25	Philosophy	GE	1	Media Ethics	The students will be acquainted with ethical practices of media usage, its content. The paper will be taught in bilingual mode. Students will be provided material in Hindi medium too.	60	except Philosophy Honours

12	2024-25	Physical Education	GE	1	Fitness & Wellness	1. The learners will be able to analyze and correlate the components of physical fitness and the principles of physical fitness and the benefits of fitness programs. 2. The learners will be able to apply the knowledge regarding causes and prevention of obesity; and weight management guidelines to lead a better quality of life. 3. The learner will be able to analyze, correlate and evaluate in regard to fitness profile and development and maintenance of the player, including types of motor components, principles of physical fitness, benefits of a fitness program, causes and prevention of obesity, and weight management.	60	All Honours Courses
13	2024-25	Political Science	GE	1	Politics of Globalization	This paper provides the multidimensionality of Globalization.	60	All Honours Courses except Political Science Honours
14	2024-25	Political Science	GE	1	Introduction to the Indian Constitution	This paper introduces the philosophical foundation of the Indian Constitution.	60	
15	2024-25	Sanskrit	GE	1	Basic Principles of Ayurveda	Ayurveda, the traditional system of medicine from India, emphasizes a holistic approach to health and wellness, including nutrition. According to Ayurveda, proper nutrition is key to maintaining balance and promoting health.	60	All Honours Courses except Sanskrit Honours
16	2024-25	Sociology	GE	1	Sociology and Everyday Life	The course Sociology and Everyday Life is an introductory course to the discipline of Sociology. It aims to inculcate a sociological imagination and vision in students. It elaborates on the interdisciplinary nature of Sociology and its relationship with other Social Sciences. The course attempts to connect the discipline of Sociology with everyday life. In doing so it enables students to reflect on concepts as social groups, institutions, culture, religion, gender, family and socialization using a series of sociological studies. The course concludes giving a brief overview on how to engage in practice of Sociology in empirical context.	60	All Honours Courses except Sociology Honours

S.No	Academic Year	Offered by (Department)	Type	Sem	Paper	Description	No. of Seats	Courses to which this paper is offered
1	2024-25	EVS	AEC- EVS	1	Environmental Science: Theory into Practice - I	Mandatory course on Environmental Sciences for all 1st and 2nd year students.	700	B.Com (Hons), B.Com (Prog), B A (Hons) English, B A (Hons) History, B A (Hons) Political Science
S.No	Academic Year	Offered by (Department)	Type	Sem	Paper	Description	No. of Seats	Courses to which this paper is offered
1	2024-25	Hindi	AEC	1	हिंदी भाषा संप्रेषण और संचार - क (IF STUDIED HINDI UPTO CLASS 12TH)	हिंदी भाषा संप्रेषण और संचार की सामान्य जानकारी प्रदान करना ! STUDENT STUDIED UPTO CLASS 12TH	600	B A (Hons) Economics, B A (Hons) Hindi, B A (Hons) Sanskrit, B.Sc.(H)
2	2024-25	Hindi	AEC	1	हिंदी औपचारिक लेखन - ख (IF STUDIED HINDI UPTO CLASS 10TH)	हिंदी औपचारिक लेखन की सामान्य जानकारी प्रदान करना ! STUDENT STUDIED UPTO CLASS 10TH	600	Mathematics, B A (Hons) Philosophy, B A (Hons) Sociology, B.A.(P)
3	2024-25	Hindi	AEC	1	सोशल मीडिया और ब्लॉग लेखन - ग (IF STUDIED HINDI UPTO CLASS 8TH)	सोशल मीडिया और ब्लॉग लेखन की सामान्य जानकारी प्रदान करना ! STUDENT STUDIED UPTO CLASS 8TH	80	
4	2024-25	Hindi	AEC	1	AEC-HINDI D (विदेशी विद्यार्थियों के लिए)	विदेशी विद्यार्थियों के लिए	60	
5	2024-25	Hindi	AEC	1	AEC-HINDI E (अनिवार्य हिंदी पाठ्यक्रम)	अनिवार्य हिंदी पाठ्यक्रम उन भारतीय विद्यार्थियों के लिए जिन्होंने 8वीं तक हिंदी परीक्षा उत्तीर्ण नहीं की है !	60	

6	2024-25	Any Other Indian Language	AEC	1	Any Indian Language other than Hindi and Sanskrit	This can be opted by those students who want to choose any Inidan language other than Hindi and Sanskrit. Refer AEC syllabus for description of different Indian Languages. The classes will be held in a college of the Central Cluster offering the language, or outside the cluster in MIL depending on the availability of course. Please note that the Attendance Record, Practical Record, Internal Assessment Record is maintained by the college/ Department in which classes are held and not by the parent college.	60	B A (Hons) Economics, B A (Hons) Hindi, B A (Hons) Sanskrit, B.Sc.(H) Mathematics, B A (Hons) Philosophy, B A (Hons) Sociology, B.A.(P)
7	2024-25	Sanskrit	AEC	1	AEC 1 Sanskrit B. Introductory Upanishad and Geeta (This course can be offered to those students who have studied Sanskrit in 10th class)	इस पाठ्यक्रम में आपको उपनिषद् और गीता से कुछ चुने गए प्रश्नों तथा दर्शन का अध्ययन करना है, जो आपको हिंदी में पढ़ाया जाएगा और उसका उत्तर आप हिन्दी या अंग्रेजी किसी भी भाषा में लिख सकते हो। (English or Hindi medium both) maansik तनाव को दूर कैसे करना है, पिक्षा के लिए मन को कैसे तैयार करें, अपने आत्मविश्वास को कैसे बढ़ाएं इन सभी का निवारण उपनिषद् और गीता में दिया गया है जिसके बारे में आपको बताया जाएगा। अतः आत्मप्रबंधन (Self management) के लिए इनका अध्ययन आपको कराया जाएगा।	60	
8	2024-25	Sanskrit	AEC	1	AEC 1 Sanskrit A. Advance Neeti literature in Sanskrit (This course can be offered to those students who have studied Sanskrit in 12th class)	इस पाठ्यक्रम में छात्राएँ संस्कृत साहित्य के समृद्ध इतिहास से और सामान्य रूपरेखा से पिरिचित होंगी। यह पाठ्यक्रम गद्य साहित्य की परंपरा और संस्कृत गद्य लेखन में योगदान देने वाले लेखकों का पिरचय प्रदान करेगा। पाठ्यक्रम में निर्धारित रोचक कहानियों और छंदों के माध्यम से शिक्षार्थियों को नैतिक मूल्यों की समझने में और अपने दैनिक जीवन में अपनाने में सहायता प्राप्त होगी। इसमे छात्र संस्कृत भाषा के उन्नत रूप को सीखेंगे और शुद्ध संस्कृत उच्चारण के साथ भाषा लेखन में भी पूर्ण कुशलता एवं निपुणता प्राप्त करेंगे जिससे उनको निर्धारित संस्कृत ग्रंथों का अनुवाद और व्याख्या करने में भी मदद मिलेगी।	60	
9	2024-25	Sanskrit	AEC	1	AEC 1 Sanskrit C. Introduction to Sanskrit Language (This course can be offered to those students who have studied Sanskrit in 8th class or not studied Sanskrit in school)	संस्कृत भाषा परिचय पेपर के माध्यम से छात्रों को संस्कृत व्याकरण और वाक्य संरचना के सामान्य सिद्धांतों से अवगत कराना हैं संस्कृत भाषा के सामान्य परिचय के लिए आवश्यक है कि छात्र शब्दरूप,धातुरूप अथवा क्रियारूप, संस्कृत के सामान्य शब्दों का परिचय, कारक एवं विभक्ति के अर्थ तथा अव्यय पदों का ज्ञान प्राप्त करने में समर्थ हो, जिससे छात्रों की संस्कृत वाक्य निर्माण एवं भाषा की मूल संरचना को समझने की क्षमता में वृद्धि होगी संस्कृत शब्दों का शुद्ध उच्चारण एवं भाषा संबंधी दक्षता को बढ़ाना इस पेपर का मुख्य उद्देश्य है	60	