

**Janki Devi Memorial College
Chetna society
(The spiritual consciousness cell)**

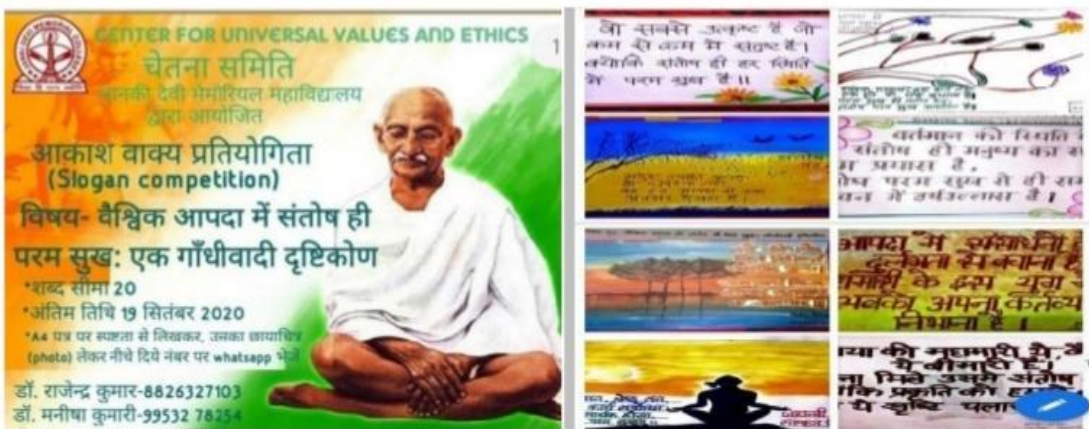
2019-20

Name of Event - Slogan competition

Date of Event - 19th September, 2020

Mode- Online mode

Center for Universal values and ethics and Chetna society organised a slogan competition to celebrate Gandhi Jayanti held on 19th September 2020.19 students participate in this competition and student of B.A (H) skt II year Urvashi Sharma won first prize for best slogan.



व्याख्यान विषय – विवेकानंद की शिष्या निवेदिता जी और उनका आदर्श जीवन

विशिष्ट वक्ता - श्री मानस भट्टाचार्य जी

कक्ष – संगीत विभाग

समय - 11.00 बजे

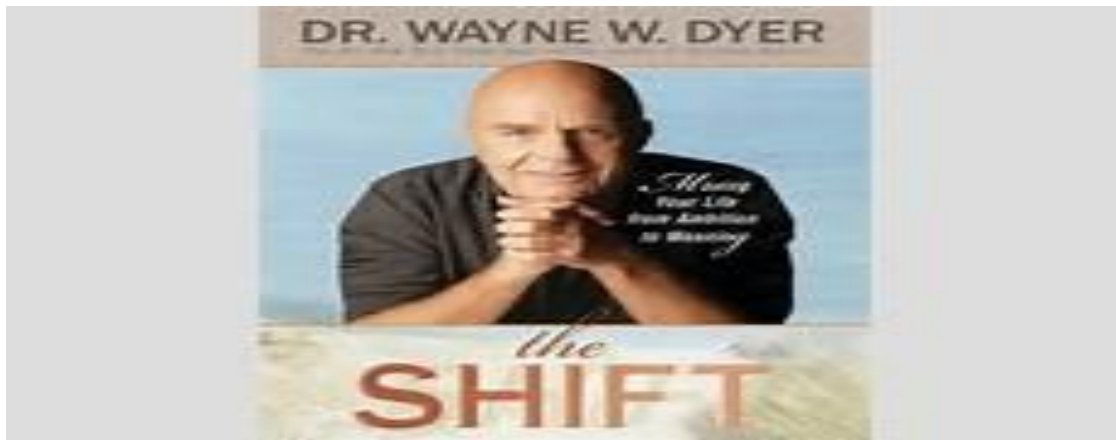
दिनांक – 28 फरवरी, 2020

आज चेतना सोसायटी की ओर से स्वामी विवेकानंद संस्थान के सौजन्य से विवेकानंद जी की 'शिष्या निवेदिता जी के जीवन अनुभवों और भारत देश के प्रति उनके अनुराग और समर्पित सेवा' पर हमारे विशिष्ट वक्ता श्री मानस भट्टाचार्य जी का रोचक व्याख्यान प्रातः 11 बजे संगीत विभाग में आयोजित किया गया। उन्होंने हमको बताया कि शिष्या निवेदिता, जिन्होंने एक विदेशी होते हुए भी भारतीय संस्कृति को अपनाया और विवेकानंद जी के आदर्शों को धारण का तन-मन से हमारे देश की सेवा की। उनका यह भारतीय संस्कृति के प्रति विशेष लगाव ही था, जो उन्होंने अपने जीवनशैली के माध्यम से हमें भारतीय संस्कृति के मूलभूत तत्वों से जुड़े रहने का सन्देश दिया, उन्होंने अपने व्यक्तित्व में सादा जीवन उच्च विचार के आदर्श स्वरूप को स्थापित किया। कार्यक्रम में भाग लेने वाले 60 विद्यार्थियों ने ना केवल उत्साहपूर्वक व्याख्यान का लाभ लिया बल्कि हमारे विशिष्ट वक्ता के साथ ज्ञानवर्धक संवाद भी कायम किया। चेतना सोसाइटी की ओर से आयोजित यह कार्यक्रम अत्यंत सफलतापूर्ण संपन्न हुआ।



Movie Screening - 'The Shift' by Wayne Dyer
Date - 4th February, 2020
Venue - Seminar Room

Chetna society organized a movie screening on 4th February, 2020 in the seminar room. Over 30 students gathered as audience for the talk.



Lecture on - How to excel in life

Speaker - Swami Prakarshanandaji, Chinmaya Mission

Date - 30th January, 2020

Venue - Music Room

Chetna society organised a lecture on the occasion of Basant Panchami." How to excel in life" by Swami Prakarshanandaji of Chinmaya Mission, New Delhi on 30th January, 2020 at 11.00 am in the music room. Around 100 students attended this session .Students learnt how to stay focussed to reach their goals. The session was full of joy



**Lecture on '-Developing Inner powers' under 'Design your Destiny Program'-
Speaker – Sister brahmakumari
Date - 24th January, 2020
Venue - Music Room**

Chetna society Conducted a session with the members of Brahma Kumari Mission , 64 students attended the interactive session, where they were guided on how to give up feelings of negativity, anger to smother their relationships with others for a happy and peaceful life.



Event - Meditation Session

Topic - How to control your mind

Date - 4th September,2019

Venue - Music Room

**Speaker - Brahma Kumari Sister Renu
and Sister Mamta Jain**

Chetna Society conducted a meditation session on 4th September,2019 at the music room. Brahmakumari Sister Renu and Sister Mamta Jain deliver the lecture. The Brahma Kumari sisters taught us a form of meditation through which students are encouraged to purify their minds. Sister Renu mentioned Physical power is enhanced through physical exercise and mind power improves with exercise of the mind through meditation.



SEMINAR THEME - 'POWER OF SUBCONSCIOUS MIND

SPEAKER - DIVYA KRISHNA BILAIYA

VENUE- MUSIC ROOM

DATE - 21st AUGUST, 2019

Chetna Society conducted a Seminar on 21st August 2019 at the music room. Adv. DivyKrishna Bilaiya is LL.M, duly registered as an Advocate with Bar Council of India was invited to deliver a lecture. He is actively practicing as a Mind Power Speaker. The seminar was about 'POWER OF SUBCONSCIOUS MIND' .Basic aim of seminar was to provide clarity and guidance to young minds and to steer them in the right direction also to propel them towards achievement of their goal. The seminar was attended by 30 students and a few teachers of Chetna society. The speaker mentioned that your subconscious mind works for your benefit 24 hours of seven days a week-literally 100% of the time. He said that the subconscious mind is far more powerful than the conscious. He mentioned that there are eight rules to activate our subconscious mind and some others topics are also covered by the speaker are following .

- 1) Sharp work and smart word
- 2) Mind as a software
- 3) Different states of mind
- 4) Science of mind
- 5) Power of subconscious mind
- 6) Seven steps to achieve your goal

It was quite a successful seminar and provided beneficial insights into the 'science of mind' and an in depth understanding of impact of this science on mind to all the attendees.



JANKI DEVI MEMORIAL COLLEGE UNIVERSITY OF DELHI



LECTURE THEME - ITS TIME
SPEAKER - DR SHALINI PRENI
VENUE - MUSIC ROOM
DATE - 26th MARCH, 2019

An TB awareness lecture was conducted by chetna society on the occasion of World TB day theme being “ ITS TIME ” by Dr. Shalini Preni, chest clinic, R.K mission, New Delhi in the music room held on march 26th,2018. About 50-55 girls of chetna society enjoyed the lecture. Dr.Shalini given introduction of chest clinic R.K Mission followed by symptoms, investigation test, treatment and prevention of TB.

