JANKI DEVI MEMORIAL COLLEGE

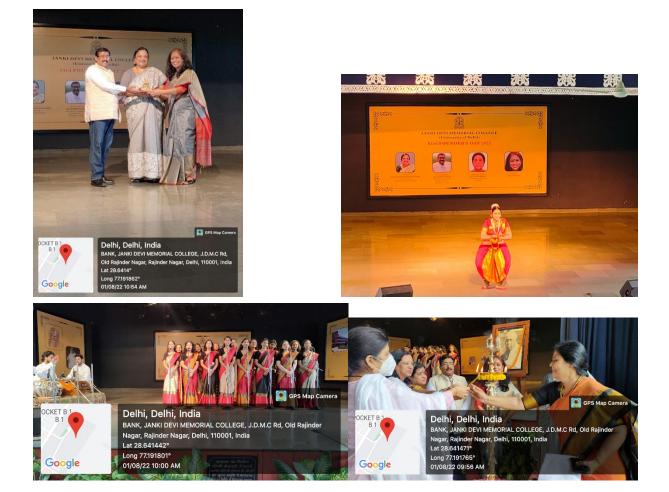
63rd Founder's Day Celebration - Report August 1, 2022



On August 1, 2022 Janki Devi Memorial College, University of Delhi, celebrated its 63rd Founder's Day. The event commemorated the founder of the college, Shri Brij Krishna Chandiwala.

The event commenced with the lamp lighting ceremony by the honourable guests along with the Principal and Vice Principal. The Chief Guest, Prof. Santishree Dhulipudi Pandit and Guest of Honour, Prof. Amarjiva Lochan, were introduced and felicitated by the Principal, Prof. Swati Pal. Moving forward with the celebration, Principal Swati Pal, addressed the gathering. The audience witnessed a soulful performance given by *Nupur*, The Indian Classical Dance Society, JDMC. Furthermore, the Guest of Honour, Prof Amarjiva Lochan, shared his inspiring and insightful words with the audience. He praised the Principal, Prof Pal, for her dedicated contribution to the field of higher education. Prof. Lochan's address was followed by a short recitation of some extracts from the book 'Dilli Ki Khoj' by our founder, Late Shri Brijkishan Chandiwala, by Dr Jitender Gill and Dr Namita Sethi, faculties, Department of English, JDMC.

The program witnessed the felicitation of teachers who completed 25 years at JDMC. The Principal, Chief Guest and Guest of Honour paid homage to the continual tenacity and commitment of the teachers. The Chief Guest, Prof Santishree Dhulipudi Pandit, addressed the gathering to conclude the event on an exemplary note and paid her respect to our Founder and the institution. The event concluded with a vote of thanks followed by the National Anthem.





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World Population Day – Report July 11, 2022



Janki Devi Memorial College, University of Delhi, celebrated the World Population Day on July 11, 2022. On this occasion a lecture titled 'Population and Environment: The Discourse', was organized in the seminar hall. The speaker of the day was Dr. Bhaswati Das, Associate Professor, CSRD, Jawaharlal Nehru University. The aim of the lecture was to increase awareness regarding issues like over-population and environmental conservation. The talk commenced with introducing the term over-population to the students and the impact of over-population on our lifestyles and nature. The speaker laid emphasis on the adverse effects of rapid population growth in India, China and other parts of the sub-continent with the focus on Sundarbans in India.

Dr. Das exclaimed the drawbacks of over-population in relation with gender, resource imbalance, and aging which have shown serious concerns in the past two decades. The students were highly motivated towards the end of the discussion and asked several questions as well. As an institution it is our duty to organize such events not only to create awareness but also to spread knowledge and information.







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International Yoga Day – Report

June 21, 2022



Department of Physical Education of Janki Devi Memorial College conducted a lecture-cumdemonstration to celebrate the 8th International Yoga Day from 9:00 AM to 11:00 AM on June 21, 2022 at Janki Devi Memorial College. The invited resource person for the session was Dr. Pradeep Yogi.

The programme began with the welcome note, welcoming all the guests and participants. Prof. Swati Pal, Principal, JDMC addressed the audience by highlighting the need for Yoga in the present times and expressed hope that this session would prove beneficial to all the participants. After the introduction of the resource person the programme began with the inauguration prayer after which Dr. Yogi began with the yoga routine.

Dr. Yogi started the session by educating the participants with the benefits and tremendous facts about yoga. Further on, he busted myths revolving around the same and enlightened the audience as to how Yoga affects a person not only physically but mentally and emotionally as well. He provided the masses with tips and tricks to inculcate in our lives to transform our lifestyle into a better one amidst the hustle and bustle of the modern world. Along with explaining the efficiency of yoga he demonstrated a few Asanas as well, which the audience followed. The audience proved to be extremely enthusiastic and participated with great zeal.

After doing justice to the essence of the occasion by performing different yoga poses, Dr. Yogi ended the demonstration session on a note of encouraging the participants to not lose touch of yoga from their lives. With the end of the demonstration, a vote of thanks was delivered, thanking Dr. Pradeep Yogi for his efforts and for providing a fruitful session. The end of the event was concluded with the National Anthem.

