

**JANKI DEVI MEMORIAL COLLEGE**  
University of Delhi

**DEPARTMENT OF PHYSICAL EDUCATION**

| PROF. ABHAI JAIN |                    | TIME-TABLE: ACADEMIC SESSION 2026-27       |                   |                          |              |                  |                | SEMESTER: I, III & V |                  |                     |
|------------------|--------------------|--------------------------------------------|-------------------|--------------------------|--------------|------------------|----------------|----------------------|------------------|---------------------|
| Day              | 7:30- 9:00<br>Zero | 9:00- 10:00<br>I                           | 10:00-11:00<br>II | 11:00-12:00<br>III       | 12:00-12:30  | 12:30-1:30<br>IV | 1:30-2:30<br>V | 2:30-3:30<br>VI      | 3:30-4:30<br>VII | 4:30-5:30<br>VIII   |
| MON              | Sports Practice-AJ | GE-V (L) AJ                                |                   | Mentoring Period GE-V AJ | COFFEE BREAK |                  |                |                      |                  |                     |
| TUE              |                    |                                            |                   |                          |              |                  | GE-V (L) AJ    | GE-V (P) AJ          | GE-V (P) AJ      | Sports Practice- AJ |
| WED              | Sports Practice-AJ | Contact Sports-Ath, BB, FB, HK, SHT, KK AJ |                   |                          |              |                  |                |                      |                  |                     |
| THU              | Sports Practice-AJ | Mentoring Sports-AJ                        |                   | Contact Period GE-V AJ   |              |                  | GE-III (L) AJ  |                      |                  |                     |
| FRI              |                    |                                            |                   |                          |              |                  | VAC-I (P) AJ   | VAC-I (P) AJ         | VAC-I (P) AJ     | Sports Practice- AJ |
| SAT              |                    |                                            |                   |                          |              |                  |                |                      |                  |                     |

AJ- Prof. Abha Jain (Off Day- Saturday)

PROF. ABHA JAIN, TIC

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**DEPARTMENT OF PHYSICAL EDUCATION**

| DR. TARUN ROUTHAN |                           |                                                    |                                   | TIME-TABLE: ACADEMIC SESSION 2026-27 |                 |                                     |                   |                  | SEMESTER: I, III & V |                   |
|-------------------|---------------------------|----------------------------------------------------|-----------------------------------|--------------------------------------|-----------------|-------------------------------------|-------------------|------------------|----------------------|-------------------|
| Day               | 7:30- 9:00<br>Zero        | 9:00- 10:00<br>I                                   | 10:00-11:00<br>II                 | 11:00-12:00<br>III                   | 12:00-<br>12:30 | 12:30-1:30<br>IV                    | 1:30-2:30<br>V    | 2:30-3:30<br>VI  | 3:30-4:30<br>VII     | 4:30-5:30<br>VIII |
| MON               |                           |                                                    |                                   |                                      | COFFEE BREAK    |                                     | GE-I (L)<br>TR    | GE-III (L)<br>TR | GE-III (P)<br>TR     | GE-III (P)<br>TR  |
| TUE               | Sports<br>Practice-<br>TR | Contact Sports-<br>CH, HB, NB,<br>TK, VB, SB<br>TR |                                   | Mentoring<br>Period<br>GE-I<br>TR    |                 |                                     |                   |                  |                      |                   |
| WED               |                           |                                                    |                                   |                                      |                 | Mentoring<br>Sports-<br>TR          | GE-I (L)<br>TR    |                  | GE-I (P)<br>TR       | GE-I (P)<br>TR    |
| THU               |                           |                                                    |                                   |                                      |                 |                                     |                   |                  |                      |                   |
| FRI               | Sports<br>Practice-<br>TR | GE-III (L)<br>TR                                   | Contact<br>Period<br>GE-III<br>TR | Contact<br>Period<br>GE-I<br>TR      |                 | VAC-III (P)<br>TR                   |                   | GE-V (L)<br>TR   |                      |                   |
| SAT               | Sports<br>Practice-<br>TR | VAC-I (P)<br>TR                                    | GE-I (L)<br>TR                    |                                      |                 | Mentoring<br>Period<br>GE-III<br>TR | VAC-III (P)<br>TR |                  |                      |                   |

TR- Dr. Tarun Routhan (Off Day- Thursday)

PROF. ABHA JAIN, TIC