

Faculty Details Proforma for DU Web-site

Photograph



	Title	First Name	Middle Name	Last Name
1		Nirmala		Muralidhar
2	Designation	Associate Professor		
3	Permanent	Permanent (Retired)		
	Temporary/ Ad-hoc (Please specify)	-		
	Work Experience (Years of experience)	38 years		
	Retired in	November, 2025		
4	Address:	-		
5	Phone No: Office	011-25787754		
	College Email	nirmala@jdm.du.ac.in		
6	Educational Qualifications (Highest Degree)	M.Sc. Child Development and Family Relationships		
7	Orientation/ Refresher/ FDP/ any other	<p>1. National Level FDP on Understanding Sustainable Development Goals (SDGs) in the light of Indian Knowledge systems organised by ARKA Jain University, Jharkhand in collaboration with Nucleus of Learning and Development - (31st March, 2025 to 5th April, 2025)</p> <p>2. FDP on 'Academic Research Writing' organized by Teaching Learning Centre, Ramanujan College University of Delhi in collaboration with IQAC, Shaheed Bhagat Singh College (E), University of Delhi under the aegis of Ministry of Education, Pandit Madan Mohan Malaviya National Mission on Teachers & Teaching (31th December, 2021 – 6th January 2022)</p> <p>3. FDP on 'Interdisciplinary Studies and Higher Education: Prospects and Challenges' organized by Dyal Singh College, University of Delhi in collaboration with Mahatma Hansraj Faculty Development Centre Hansraj College, University of Delhi (26th July, 2021 to 31st July, 2021)</p> <p>4. Interdisciplinary FDP on 'Student-Centric Pedagogic Methods' organized by Janki Devi Memorial College, University of Delhi in collaboration with Mahatma Hansraj Faculty Developmental Centre, Hansraj College, University of Delhi (January 27th, 2021 to February 2nd, 2021)</p> <p>5. FDP on 'Managing Online Classes: Teaching Learning Tools</p>		

		and e-content Generation', organized by Bharati College, University of Delhi, in collaboration with Mahatma Hansraj Faculty Developmental Centre (August 17 th , 2020 to August 22 nd , 2020)
		<p>5. Online FDP Series on 'Learning Pedagogy and Effective use of Case Methodology', organized by ASM group of institute and ASMA (17th May to 21st May 2020)</p> <p>6. National CRE workshop on 'Positive Parenting: Exploring the abilities of Children for Wellbeing', held at Bharati College, Janakpuri, University of Delhi, New Delhi (accredited by RCI - 6th November, 2019.)</p> <p>7. FDP on 'Incorporating Current Research into UG Curriculum' organised by the Department of HDFE, Bharti College, University of Delhi. (January 28th, 2019)</p> <p>8. Interactive session on 'Research options for faculty' organised by Janki Devi Memorial College, University of Delhi (May 12th, 2018)</p>
	Participation in Workshops	<p>Participated in various workshops:-</p> <ul style="list-style-type: none"> - National CRE workshop on 'Positive Parenting: Exploring the abilities of Children for Wellbeing' (RCI) - 3 day Continuing Rehabilitation Education on 'Disability & Intersectionality in Higher Education: Joint Efforts in promoting full Inclusion' - Covid 19 - Coping Mechanisms in Uncertain Times and - Domestic violence - Adoptions - Equity and Diversity and Inclusion: Eligibility of Children for Inclusive School - Web Content Licensing - Preventing Plagiarism: Producing Quality Research - ICT in Teaching-Learning: Using Google Classroom and so on
8	Administrative Assignments	<p>1. Teacher in Charge of the Department</p> <p>2. Department Association in charge</p> <p>3. IQAC Department Representative</p> <p>4. Department Research Projects</p>
	Department (in the last two years)	

	College (in the last two years)	<ol style="list-style-type: none"> 1. Admission Committee 2. ECA Committee for Admission 3. Attendance Committee 4. Examination Committee 5. Time table Committee 6. JDMC-IQAC Centre for Extension and Outreach Activities (Director) 7. Library 8. NUPUR (Classical Dance Convenor) 9. Heritage Club
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	University (In the entire tenure)	<ol style="list-style-type: none"> 10. B.A (Programme) Committee 11. B.A (Programme) Attendance/ Internal Assessment Committee 12. Committee for online forms 13. Fee Assistance Committee
	University (In the entire tenure)	<ol style="list-style-type: none"> 1. Course designing and Development of curriculum-UG curriculum – NEP (Contributed a few papers) 2. Member of faculty of Science since December 13th, 2019 to December 13th, 2022. 3. A member of the core committee for the LOCF syllabus revision for all the papers of HDDE (2019-2020) 4. COC (2017-2019) 5. Paper setting and evaluation 6. Internal and External Examiner (for Practical) 7. A member of the core committee for the CBCS syllabus (2012-2013)
9	Areas of Interest / Specialization	Children with special needs
10	Subjects Taught (in the last three years)	<ol style="list-style-type: none"> 1. Sem 1 - Principles of Child Development (DSC) LOCF 2. Sem 2 - Introduction to Human Development (DSC) NEP 3. Sem 3 - Empowerment of Women and Children (DSC) LOCF&NEP 4. Sem 4 - Principles & Perspectives on Early Childhood Care and Education (DSC) LOCF&NEP 5. Sem 5 - Child Rights and Gender Empowerment (DSE) LOCF&NEP 6. Sem 5 - Women Rights and Gender Justice (Major) NEP 7. Sem 6 - Children with Special Needs (DSE) LOCF 8. Sem 6 - Children with Disability in India (Minor) NEP 9. Sem 6 - Early Intervention and Services for Children with 10. Disability (Major) NEP 11. Content Development for ECCE (SBC)
11	Research Guidance	-
12	Publications Profile	
	Authored Books (Single/ Co-authored)	-
	Edited Books (Single/ Co-edited)	-

Chapter in book (Single/ Co-edited) (Please specify whether National or International)		<p>-</p>
Article in Peer-reviewed Journal (Single/ Co-edited) (Please specify whether National or International, UGC Listed)		<p>1. Bhardwaj, R., and Muralidhar, N. (2023). The Pursuit of Wellness: A Sociological Perspective. <i>International Journal of Creative Research Thoughts</i>, 11, 305-318. (UGC Approved Journal and Peer reviewed)</p>

	Article in Peer-reviewed Journal (Single/ Co-edited) (Please specify whether National or International, UGC Listed)	<p>2. Muralidhar, N., and Bhardwaj, R. (2022). "Happiness as a choice": An outcome of a longitudinal study on Socio-emotional wellbeing. <i>Rabindra Bharati Journal of Philosophy</i>, 24, 36-43. (UGC Care Group 1)</p> <p>3. Muralidhar, N., and Butta, P. (2022). Little Hands at work: A study of Child workers during Covid-19. <i>Perspectives- A Peer-</i></p> <p><i>Reviewed, Bilingual, Interdisciplinary E-Journal</i>, 2, 51-67. (Peer reviewed)</p>
	Conference Proceedings (or any other form of published content)	<p>4. Muralidhar, N., and Butta, P. (2021). Shadow Workers: Women Workers in Unorganized Sector in Covid Times. <i>The Research Post-An International Journal of Social Sciences and Humanities</i>, 4, 139-148. (Peer reviewed)</p> <p>5. Muralidhar, Nirmala, and Vikas Menon. "The eye of the beholder: Catching retinoblastoma early." <i>Indian Journal of Health and Wellbeing</i> 9.6 (2018): 881-885. Print. (ISSN-P-2229-5356, e-2321-3698) (Peer Reviewed)</p> <p>6. Muralidhar, N., 1990-1991. Women in unorganized sector. <i>Perspectives</i>, 138-141.</p> <p>7. Muralidhar, N., and Sondhi, P. 1991. Girl child: Life of differential and disparity. <i>Perspectives</i>, 39-41.</p>
	Creative Writing	<p>Muralidhar, Nirmala, and Aastha Bhalla. "Cherishing Adolescence: A Critical Link in Family Well Being." <i>Reflections</i>. Ed. Rekha Sapra. Vol. 2. New Delhi: Authorspress, 2018, pp. 118-132. Print. (ISBN 978-93-88008-08-2)</p>
	Translation	<p>-</p>
13	Conference Participation (in the last three years) [Please specify whether National or International]	<p>-</p>

Papers Presented	<ol style="list-style-type: none"> 1. Presented a research paper entitled "Maternal Awareness to Action: Paradigm for Child Development" in the two-days International Conference on "Integrative Approaches: The Emerging Interface of Science, Commerce and Humanities" organised by IQAC and Research Cell, Kishan Lal Public College (6th and 7th March,2025) 2. Oral presentation of the paper titled, "Volunteering for Community Awareness: Screening for Retinoblastoma in Children" in an International conference on natural products and Human health (ICNPHH-2022) organised by Deshbandhu College, University of Delhi (4th -6th November, 2022) 3. Presented a paper in a UGC sponsored one day National Conference on "Unfolding the potential of Women including Girls and Children: Enhancing the benefits exponentially for One and all – Sabka Saath-Sabka Vikas". It was organized by Aditi Mahavidyalaya, University of Delhi (March 27th, 2021) <p>Title - Shadow workers: A study of women working in the unorganized sector during covid times</p> <ol style="list-style-type: none"> 4. Oral presentation in an International Conference on Early Intervention organised by Amar Seva Sangam, Chennai, India (14th February, 2020) <p>Title - 'Eye sees what the mind knows: Early detection of white eye reflex in children'</p>
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Sessions Chaired	<ol style="list-style-type: none"> 4. Presented a paper in the two days National Seminar on "Psycho-social wellbeing of children with special needs and their parents/ family members" organised by Indian Association of Health, Research and Welfare, National Institute of empowering persons with multiple disabilities in collaboration with Education, Training & Service Centre for PWD, Navi Mumbai, 'Neurogen' Brain and Spine Institute, Navi Mumbai, Special Educators and Professionals Association (SEAPA) and Bhumika Foundation, Mumbai (September 21st and 22nd, 2018) <p>Title - 'A study of the support systems for families and children coping with retinoblastoma'</p> <ol style="list-style-type: none"> 5. Presented a paper in the International Conference titled 'Family Well-Being: A Global Perspective' at Bharati College, University of Delhi (20-21st Feb 2018) <p>Title of the paper - 'Cherishing Adolescence: A Critical Link in Family Well-being'.</p>
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		<p>1. Resource person in the Certificate course on ‘Decoding Disability in children’ organised by the Department of Human Development and Family Empowerment, JDMC in collaboration with the Department of HDFE of Aditi Mahavidyalaya.</p> <p>Topic - ‘Retinoblastoma – A case study of Early Intervention and CBR’ on February 16th, 2021.</p> <p>2. Knowledge sharing program on “Perspectives on Modern Teaching Techniques – Use of Case Studies and Experiential Methods” organized by IBS, ICFAI Business School (11th September, 2019)</p> <p>3. Multimedia presentation for 415 trainee constables at the Delhi Police Training School, Dwarka (Sensitisation workshop)</p> <p>Topic - Retinoblastoma, screening of eye cancer in children. (21st August, 2019)</p> <p>4. As a discussant in the AIOS Live webinar on ‘Retinoblastoma – They live and see’ in the World Retinoblastoma week (17th May, 2019)</p>
	Discussant or any other	
14	ICT enabled teaching-learning	
	Development of e-content (Please specify if it is e-lesson, e-quizzes, e-lectures; also mention the Institution for which the same has been prepared)	<p>Title - Children with special needs</p> <p>January, 2024</p> <p>https://youtu.be/9Am3rarCsvM</p>
		<p>Title - Volunteering for Community awareness: Screening for Retinoblastoma in children by Nirmala Muralidhar</p> <p>https://www.youtube.com/watch?v=n7XWxfvfLw</p>
		Prepared e-modules for developing the ‘NIPUN’ project, from October, 2018 to December, 2018.

	Development of MOOCs	-	-	-
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15	Contribution to development of Syllabi	1. A member of the core committee for the LOCF syllabus revision for all the papers of HDFE (2019-2020) 2. A member of the core committee for the CBCS syllabus (2012-2013) 3. Contributed papers for NEP curriculum.
16	Research Projects	Major Grants
		Research Collaboration
		UGC Funded Research Projects
17	Awards and Distinctions	<ol style="list-style-type: none"> 1. Awarded Dr. Sarvepalli Radhakrishnan Excellence Award 2021 in Human Development on National Teacher's Day by Center for Professional Advancement, India. 2. Felicitated with Teacher's Award for Excellence 2021 in the category of 'Community Outreach and Sensitization' by Love Care Foundation on September 5th, 2021. 3. Best Teacher Coordinator Award for the year 2020 – 2021 for Online Internship Programme from Prachi Educational Society 4. Distinguished Teachers Award from Prachi Educational Society on September 5th, 2020. 5. Inspiring Women – Special Award – Community Sensitisation and Outreach, in the first edition of Inspirational Global Women Awards – 2020, from MVerse Live and BhoopalM team (8th March, 2020) 6. OTHERS - Project Coordinator of the Project titled 'Early detection and screening of white eye reflex' since November, 2017. Her work was appreciated and mentioned in the New York Eye Cancer Center website by Dr. Paul Finger, MD Ophthalmic Plastic Surgery, The New York Eye Cancer Center in 2021.
18	Association With Professional Bodies	- - -
19	Other Activities	<p>Training Completed the ISO 21001:2018 Internal Auditor Course</p> <p>Research Projects</p>

	<ul style="list-style-type: none"> (i) Project on Hearing Impairment in children: Steps towards early intervention (initiated in September, 2024) - Project Coordinator (ii) Project on Sociological Analysis of the Impact of Medical Tourism in India (initiated in January 2022) - Project Coordinator (iii) Project on Little hands at work: A study on child workers in Delhi NCR (initiated in August, 2020) - Project Coordinator (iv) Project on Women working in unorganized sector – Challenges faced during Covid times (initiated in August, 2020) - Project Coordinator (v) Project on Challenges to Mothering: Case Studies of Adoption and ART' for which the seed money has been provided by the college (ongoing since August, 2019) - Project Coordinator (vi) Project on Building Social and emotional Well Being in Young Adults (ongoing since September, 2018) - Project Coordinator (vii) Project on Early detection of white eye reflex in children (ongoing since November, 2017) – Project Coordinator
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This project has received **International recognition**. An International blog is written on our work by **Dr. Paul T Finger** (MD, Ophthalmic Plastic Surgery from New York Eye Cancer Centre) on the New York Eye Cancer Centre website.

Link - <https://eyecancer.com/uncategorized/3-year-journey-raising-awareness-for-retinoblastoma/>

Empanelment in IGNOU

Empanelled as an Academic counselor for Masters Course in Counseling and Family Therapy (MSCCFT) by IGNOU from January 31st, 2020 to December, 2021

Courses

- (i) Organized and coordinated an Add on Course - Early Intervention for Children with Disabilities: Reaching out to the diverse learners, organised by the Department of Human Development and Family Empowerment in collaboration with Ripudaman Charitable Trust & Centre for Career Counselling, Career Opportunity, and Skill Enhancement under the Aegis of IQAC, JDMC - (11 February, 2025 to 31 March, 2025) - **Course Coordinator**

	<p>& Curriculum development</p> <p>(ii) Organized and coordinated an Add on Course - Bridging the Gap: Understanding Disability Dynamics, organised by department of Human Development and Family Empowerment in collaboration with Ripudaman Charitable Trust & Centre for Career Counselling, Career Opportunity, and Skill Enhancement under the Aegis of IQAC, JDMC (23rd January, 2024, to 27th February, 2024) - Course Coordinator & Curriculum development</p> <p>(iii) Organized and coordinated an Add on Course titled, 'Structure Knowledge Into Live Lesson (SKILL): An Add on Course on Soft skills', organized by the Department of HDFE under the aegis of JDMC-IQAC Centre for Career Counselling, Career Opportunity, and Skill Enhancement, in collaboration with EunoiaYou (September, 2022 to November, 2022) Teacher Coordinator</p>
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	<p>(ii) Organized and coordinated an Add on Course titled, 'Self Enhancement Enabling Development (SEED): A Life skill course' organized by the Department of HDFE under the aegis of JDMC-IQAC Centre for Career Counselling, Career Opportunity, and Skill Enhancement and JDMC-IQAC Centre for Extension and Outreach Activities (September, 2021 to October, 2021) Teacher Coordinator</p> <p>(iii) Organized and coordinated the Certificate course on 'Decoding Disability in children' in collaboration with the Department of Human Development and Family Empowerment of Aditi Mahavidyalaya Teacher Coordinator</p> <p>(iv) Organised and co-ordinated a short term course along with coordinators (2020) in collaboration with CEQUIN Title - 'Understanding Gender' Teacher Coordinator</p> <p>Webinars/ Workshops/Internships</p> <p>Organised and moderated various webinars on gender, disability, life skills, domestic violence, child abuse and wellbeing during covid to name a few.</p> <p>Resource Person</p> <ol style="list-style-type: none"> 1. Resource person for a sensitization workshop, titled 'Early detection and Screening of white eye reflex in children', organized by the Department of HDFE, JDMC in collaboration with Velankanni Matriculation Higher Secondary School, Chennai. 2. Resource person for a workshop titled 'Questionnaire: Research Method for Data Collection' organized by Love Care Foundation for their interns on July 6th, 2021. 3. Multimedia presentation on 'Retinoblastoma, screening of eye cancer in children' for 415 trainee constables at the Delhi Police Training School, Dwarka. She was felicitated with a Certificate of Participation for being a contributing participant in the sensitisation workshop on retinoblastoma on 21st August, 2019. <p>Collaborations</p> <p>Collaborated with various NGOs for different activities on Women and Children issues</p>
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