

JDMC Faculty Proforma



	Title	First Name	Middle Name	Last Name
1	Dr.	Tanuja	-	Rawal
2	Designation	Associate Professor		
3	Permanent	Permanent		
	Temporary/ Ad-hoc (Please specify)	-		
	Work Experience (Years of experience)	15 Years		
4	Address:	Janki Devi Memorial College, Sir Gangaram Hospital Marg, New Delhi 110060		
5	Phone No: Office	01125787754		
	College Email	jdmcollege@hotmail.com		
6	Educational Qualifications (Highest Degree)	Ph.D		

7	Orientation/ Refresher/ FDP/ any other	<ul style="list-style-type: none"> Four weeks UGC sponsored Orientation Programme organized by CPDHE, University of Delhi from 23rd June to 19th July 2014 and obtained grade A. Three weeks UGC Sponsored Refresher Course in Global Studies (Social Science and Humanities) organized by CPDHE, University of Delhi from 9th June to 29th July 2017 and obtained grade A. Five Days Online Faculty Development Program on “Digital Tools For Conducting Virtual Classes” organized by the Periyar Government Arts College affiliated to Thiruvalluvar University, Vellore from 6th July to 10th July 2020. One week Interdisciplinary Online Faculty Development Programme on “Various Aspects of Cinema Studies” organized by Mahatma Hansraj Faculty Development Centre under Pandit Madan Mohan Malviya National Mission on teachers and teaching from 21st to 27th Sep 2020. Two week Faculty Development Programme on “Transformation in Higher Education Issues and Road Ahead” organized by Mahatma Hansraj Faculty Development Centre under Pandit Madan Mohan Malviya National Mission on teachers and teaching from 28 Sep to 12th Oct 2020. One week Faculty Development Programme on “Transforming Lifestyle through yoga Darshan and its Functional Modes” organized by TLC Ramanujan College, University of Delhi under the ages of MHRD Pandit Madan Mohan Malviya National Mission on teachers and teaching from 20th to 26 Nov 2020 and obtained A+ grades Two Days Workshop on ‘Foundation Course LLC-1 Sanskrit’ organized by CPDHE, University of Delhi from 11th to 12th July 2013. Ten Days Workshop on “Vedic Mathematics” organized by Delhi Sanskrit Academy, Delhi Government from 27th Sep to 7th Oct 2013. Five Days National Workshop on “Profession Development and Capacity Building of Teacher Educators” organized by C.I.E. (Central Institute
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	<p>Participation in Workshop</p>	<p>of Education) University of Delhi from 7th to 11th Oct 2014.</p> <ul style="list-style-type: none"> Participated in One Day Workshop / Hands on training on Ms. Excel for Compiling Attendance And Internal Assessment organized by Janki Devi Memorial College on 27th Oct. 2016 Participated in the knowledge sharing program on "Perspectives on Modern Teaching Techniques- Use of Case studies and Experimental Methods" organised by IBS ICFAI Business School, ICFAI group on 11th Sep. 2019. Three days Online Workshop on "Design and Develop: Text and Image E-Resources" organized by TLC Shri Lal Bahadur Shastri National Sanskrit University, under Pandit Madan Mohan Malviya National Mission on teachers and teaching scheme, MHRD from 13th to 15th May 2020. Two days Faculty Empowerment Workshop on "Application of ICT tools in Higher Education" organized by Motilal Nehru College, University of Delhi from 11th to 12th June 2020. Three days Online National workshop on "Creating and Managing: Online Teaching" organized by TLC Shri Lal Bahadur Shastri National Sanskrit University, under Pandit Madan Mohan Malviya National Mission on teachers and teaching scheme, MHRD from 18th to 20th June 2020 with A+ grade. Two days Online National workshop on "Research Support Tools" organized by The Bhopal school of Social Sciences from 24th to 25th June 2020. Three days National Workshop on "Cinema, Patrakarita avam vigyan ki taqniki shabdavli : samasyan aur samadhan" organized by Hansraj College, University of Delhi in Association with Commission for Scientific and Technical Terminology, MHRD, Government of India from 11th to 13th July 2020. Ten Days Online Workshop on "Mammat-krit kavyaprakash (Prathamullas)" organized by Rashtriya Sanskrit Manch from 11th to 20th July 2020 Five Days Online National Workshop on "Educational Philosophy and Psychology in
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		<p>Sanskrit Vangmay" organized by TLC, Shri Lal Bahadur Shastri National Sanskrit University under Pandit Madan Mohan Malviya National Mission on teachers and teaching scheme, MHRD from 20th to 24th July 2020 with A grade.</p> <ul style="list-style-type: none"> • Ten Days Summer Workshop organized by Gandhi Bhavan, University of Delhi in Association with Gandhi Hindustani Sahitya Sabha, Rajghat from 10th to 20th August 2020 • Ten Days Online Workshop on "Kalidas-krit Abhigyan-Shakuntalam ke Pratham aur chaturtha ank" organized by Rashtriya Sanskrit Manch from 10th to 20th Aug. 2020. • Seven Days Workshop on "Functional Sanskrit Grammar" organized by Rashtriya Sanskrit Manch and Raha College, Assam from 22nd to 28th Aug 2020. • Seven Days Workshop on "Panini Shiksha" organized by Rashtriya Sanskrit Manch, Maharashtra Prant and SNDT College of Arts and SCB College of Commerce and Science for Women, Mumbai from 3rd to 9th Sep 2020. • Seven Days Online Workshop on "Bhartiya Gyan parampara me sanskrit ki kendriya bhumika (Rashtriya shiksha neeti k vishesh sandarbha me)" organized by Bharat Adhyayan Kendra, Kashi Hindu Vishwavidyalay Varanasi from 5th to 11th Sep 2020. • One week UGC Sponsored Online Workshop on "Leadership Development Programme" organized by CPDHE, HRDC from 19th to 25th Jan 2021 • Online workshop on "Enhancing institutional and faculty academic and Research visibility a workshop on INFLIBNET Portal" organised by IQAC library and ICT committee jdmc on 17th Sep 2022. • Workshop on "Enhancing learning experience is using ICT -A hand on training session organised by Janki Devi Memorial College on 17th Oct 2022. • Course workshop on "Ethics and Culture" organised by value addition course committee and Mahatma Hansraj Faculty Development Centre, Hansraj College, DU on 21st Oct 2022.
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	<ul style="list-style-type: none"> • 14 Months workshop on "Bhagwatanusandhanam" organised by Ved vedanta adhyana shodha sansthaan from 8th july 2021 to 18th Sep.2022 • One Day Workshop on "Gender Sensitization" organized by the IQAC and Centre for Gender Equity Studies, Janki Devi Memorial College on 20th Feb 2023. • Faculty Pedagogy Series Lecture titled "Why Do We Objectify Everything? Analyzing the Root Cause Of Suffering" organized by JDMC-NEP Implementation Committee in collaboration with IQAC, Janki Devi Memorial College on 20th Feb 2023. • Seven days workshop on "Epigraphy & Manuscriptology" organized by Miranda House and Rajdhani College, DU in collaboration with the IGNCA, Ministry of Culture, Govt. of India from 24th June to 1st July, 2023 and obtained proficiency in Brahmi Script. • A Two Weeks National Workshop cum FDP on "Knowing Indian Culture Through Sanskrit" organized by Amity Centre for Sanskrit and Indic Studies, Amity University Haryana from 10th to 21st July 2023. • Workshop on 'The Art of being happy' organised by Daulat Ram College, DU on 12th sep. 2023 • Workshop on "Faculty Portal and Orientation Session" organized by Janki Devi Memorial College on 15th sep 2023. • Workshop "An Introduction to MS Office Tools" organized by Janki Devi Memorial College on 22nd sep 2023. • Workshop on "Risk Management in Educational Organizations" on 13th Oct 2023 • 6 Days face to face learning Programme on Indian Knowledge system organized by CPDHE in collaboration with University Grants Commission and IKS Division of Ministry of Education, Government of India from 16th to 21st Oct 2023
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8	Administrative Assignments
Department (in the last two years)	<ul style="list-style-type: none"> ● Member of Workload Committee ● Member of Moderation Committee ● Member of B. A. Prog Committee ● Member of Online Form Committee (till 2023) ● Member of Library Committee ● Convenor of Sansrishti Sanskrit Recitation ● Convenor of Sanskrit Quiz ● Coordinator of Add-on course on Sanskrit Grammar "Sanskrit Bhasha Naipunyam" ● Coordinator of Add on Course "Vastu Sanskritam" ● Coordinator of 15 Days Spoken Sanskrit Camp (Jan 2022) ● Coordinator of 10 Days Spoken Sanskrit Camp (April 2023) ● Coordinator of 3 Days Sanskrit Grammar workshop (Nov 2023) ● Member of Student Faculty meeting
College (in the last two years)	<ul style="list-style-type: none"> ● ISO 21001:2018 - Internal Auditor ● Teacher in charge of Sanskrit Department (2021-23) ● Examination Superintendent: SOL, JDMC Centre (Aug. 2022) ● Co-Convenor Bhartiya Bhasha Samiti ● Member of Screening Committee ● Treasurer of Centre of Universal Values & Ethics (till 2023) ● Departmental Representative of Placement Cell ● Co-Convenor of Sarang - The Indian Music Club (till 2023) ● Member of Website Committee for Sarang Club (till 2023) ● Point Person of Twitter for Sarang Club (till 2023) ● Co-Convener of Chetna Society (till 2022) ● Member of Admission committee for B.A.(H) & B.A.(P) ● Co-Convenor B.A. Program Admissions ● Departmental Liaison of NAAC ● Departmental Member Website Committee ● NAAC Liaison of Sarang Club (till 2023) ● Member, ICT Committee ● Member, Enactus

	University (In the entire tenure)	NIL
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9	Areas of Interest / Specialization	Indian Philosophy
10	Subjects Taught (in the last three years)	<ul style="list-style-type: none"> ● B.A. (H) Sanskrit, ● M.A. Sanskrit, ● B.A. (P)
11	Research Guidance	NIL
12	Publications Profile	
	Authored Books (Single/ Co-authored)	<ul style="list-style-type: none"> ● Sambandhatattva [Gautama nyaya, Buddha nyaya, Jaina nyaya ke sandarbh mein] Published by Eastern Book Linkers, Delhi ISSN No. 978-81-7854-200-3 in 2011
	Edited Books (Single/ Co-edited)	NIL
	Chapter in book (Single/ Co-edited) (Please specify whether National or International)	<ul style="list-style-type: none"> ● Chapter entitled "Geeta kaise Parayen" in Sahityashikshanam Vividh ayamah ISBN No. 978-93-94168-83-1 Published by G.K. Publications (P) LTD. Delhi 2022 ● Chapter entitled "Bhartiya Sanskriti ke paripreksha me Bhagwadgeeta" published in "Sanskrit Sanskriti Manjusha" ISBN no. 978-93-92603-09-9 published by Sanskrit Sanskriti Vikas Sansthan, Rahasthan, P- 40-51 in 2023 ● Chapter entitled "Bhagwadgeeta me sthitpragya ki avadharana" published in Geeta tattvadarshana" ISBN 978-81-96-1777-68-1 published by Vaidic Publishers, New Delhi, P 101-107 in April 2023

<p>Article in Peer-reviewed Journal (Single/ Co-edited) (Please specify whether National or International, UGC Listed)</p>	<ul style="list-style-type: none"> • Research Paper entitled "Sambandhatattva – Eka Darsnika Vislesana" Published in Peer reviewed National Journal 'Sambhavya' [Research Journal of Indian Culture, Social and Educational Stream] Varanasi, U.P., ISSN No. 0976-9358, V-1, N.2, P-172–181 in July-Sep. 2010. • Research paper entitled "Nyaya Darsana mein Samavaya Sambandha ki Avadharana" published in 'Adhikar' [An International Research refereed Journal] Chhindwara, M.P., ISSN No. 2231–2552, V-10, P- 58-62 in Dec. 2011. • Research paper entitled "Gautama Nyaya mein Sanyoga Sambandha ki Avadharna" Published in 'Fifteen Days ' [An International Research refereed Journal] Varanasi, U.P. , ISSN NO. 2249 - 605x , V-10 , 30 Dec. 2011, P- 31 – 33 • "Taittiriyopanishad ki shikshavalli ka mahattva" Published in 'Sambhavya' [An International Research Journal of Indian Culture , Social and Educational Stream] Varanasi, U.P. , ISSN NO. 0976 - 9358 ,N.19, Oct-Dec.2014, p-34-38 • Research paper entitled "Bhagvadgeeta ke anusar jeevan ke uddeshya" Published in 'Shodh Kalpataru' [An International Multidisciplinary Research Journal] Varanasi , ISSN NO. 2249 – 6114 , V-15 , Oct- Dec. 2014, P- 24- 31 • Research paper entitled "Bhagawadgita Ke Madhyam se Vaishvik Samasyaon ka Nirakaran" published in UGC listed Peer reviewed Journal 'Jyotirved prasthanam' ISSN no. 2278-0327, Vol 10, Issue-4, Sep-Oct 2021 pp 10-14 • Research paper entitled "Geeta ke anusar Mukti ka Marg" Published in Himanjali, UGC Listed Journal of The Indian Institute of Advanced Study, Shimla, ISSN. No. 2349-4905, Jan-June 2022, pp 16-23
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	<ul style="list-style-type: none"> • Research paper entitled "Yogasya Mahatmayam" published in Abhinavdhara, A Peer reviewed International Journal of Innovation in Indic Studies (IJIIS), ISSN no. 2583-5149, Vol. 3 Issue- 1 in June 2023 P 1-9
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	Conference Proceedings (or any other form) Creative Writing Translation	NIL NIL NIL
13	Conference Participation (in the last three years) [Please specify whether National or International]	
	Papers Presented	<ul style="list-style-type: none"> • Delivered a lecture on "Pratispardhayuge Devasursampad" in National Seminar organised by Sanskrit Bharati Delhi in collaboration with Hansraj College DU on 3rd April 2022. • Presented Research Paper on "Abhigyanashakuntalam mein Purusharth chatushtaya" in International Research Seminar organised by Kalidasa Academy of Sanskrit Music and Fine Arts, Delhi in collaboration with Bharati College, DU on 12th and 13th April 2022. • Presented Research Paper on "Bhagwadgeeta me Purushartha Chatushtaya" in National Conference organised by Sanskrit Sanskriti Vikas Sansthan in

	<p>collaboration with Daulat Ram College, DU on 23rd April 2022.</p> <ul style="list-style-type: none"> Presented Research Paper on "Bharatiya Sanskriti ke paripeksh me Bhagwadgeeta" in 3 Days National Seminar organised by Sansrit Sanskriti Vikas Sansthan on 21st to 23rd July 2022. Presented Research Paper on "Bhagwadgeeta me Manviya Mulya" in National Seminar organized by Amity Centre for Sanskrit and Indic studies, Amity School of Liberal Arts on 22nd July 2022. Presented Research Paper on "Geeta se Tanav mukti" in National Research Conference organised by Sanskrit Bharati & School of Sanskrit and Indic Studies, JNU and Bharatiya Gyan Parampara Prabhag, Government of India on 9th Oct. 2022. Presented Research Paper on "Shrimadbhagawadgeeta mein Sthitpragya ki avdharna" in 2 Days National Seminar organised by Central Sanskrit University, Devprayag and ICPR, New Delhi on 2nd and 3rd Dec. 2022. Presented Research Paper on "Vedic Manovigyan and Aadhnunik Manochikitsa" in 3 Days International Conference organised by WAVES on 23rd - 25th Dec. 2022. Presented Research Paper on "Sanskrit Sahitya se Vishva Shanti" in 3 Days National Seminar organised by Lal Bahadur Shastri National Sanskrit University on 1st-3rd Feb 2023. Presented Research Paper on "Yog-Darshana me nihit Maulik Mulya avam unki prasangikta" in 3 Days National Seminar organised by Central Sanskrit University, Devprayag and ICPR, New Delhi on 14th -16th Feb 2023. Presented Research Paper on "Yogadarshana ki Vartman me Prasangikta" in 2 Days National Seminar organised by SPM College, DU on 23rd-24th Feb 2023. Presented Research Paper on "Vedon me Vishva ki utpatti ki Avadharna" in 2 Days International Conference organised by Arvindo College, DU on 16th-17th March 2023.
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	<ul style="list-style-type: none"> Presented Research paper on “Bhagwadgeeta me Bhakti” in 2 Days National Seminar organised by Ramjas College, DU on 20th-21st March 2023. Presented Research Paper on “Vedon me Rashrtavad ki Avadharna” in 2 Days National Seminar organised by Central Sanskrit University, Devprayag and ICPR, New Delhi on 22nd-23rd March 2023. Presented Research paper on “Bhagavatpuran mein Yog ka varnan” in 2 Days International Conference organized by Sanskrit Sanskriti Vikas Sansthaan on 17th -18th June 2023. Presented Research Paper on “Jeevan me yog ka mahattva” in One Day National Seminar organized by Amity Centre for Sanskrit and Indic Studies, ASLA, Amity University on 21st June 2023. Presented Research Paper on “Sanskrit avam bhartiya sanskriti k pariprekshya me yog ki vartman kaal me prasangikta” in 2 Days International Conference organized by Sanskrit Sanskriti vikas sansthan on 21st- 22nd June 2023. Presented Research paper on “Yogamadhyamen tanavmukti” in National Seminar on Yoga for Backpain organized by Karnataka Samskrita Vishwavidyalaya, Bangluru on 23rd June 2023. Presented Research Paper on “Bharatiya Gyan Parampara” in 2 Day National Education Seminar organized by Central Sanskrit University, Thrissur, Kerala on 13th- 14th July 2023. Presented Research Paper on “Bhagavatpuranasya tritiyaskandhey yogvarnanam” in One Day International Seminar organized by Sri Sankara Arts and Science College, Kanchipuram Tamilnadu on 21 July 2023. Presented Research Paper on “Manav jeevan me Bhagwadgeeta ki bhumika” in the two day International Conference organised by Janki Devi Memorial College on 23-24 April 2024 <u>Resource Person in Research Methodology Workshop organised by IQAC, Janki Devi memorial College from 1-7April 2025</u>
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		<ul style="list-style-type: none"> Presented Research Paper on “Sanskrit Sanskriti aur Sanskritik ekta” in the National Conference organised by Bharatiya Bhasha Samiti, Janki Devi Memorial College on 9th April 2025. Presented Research Paper on “Bhasha Sanskriti aur Rashtriya ekta” in the National Conference organised by Bharatiya Bhasha Samiti, Janki Devi Memorial College on 29th Dec 2025. 		
	Sessions Chaired	<ul style="list-style-type: none"> Session Chaired in National Research Conference organised by Sanskrit Bharti, School of Sanskrit and indic studies JNU and Bharatiya Gyan Parampara Prabhag, Government of India on 9th Aug. 2022. 		
	Discussant or any other	NIL		
14	ICT enabled teaching-learning			
	Development of e-content (Please specify if it is e-lesson, e-quizzes, lectures; also mention the Institution for which the same has been prepared)	NIL		
	Development of MOOCs	NIL		
15	Contribution to development of Syllabi	Member of syllabus making committee for Generic Elective (GE) Papers under UGC guideline, NEP 2020.		
16	Research Projects	Major Grants	Research Collaboration	UGC Funded Research Projects
		Minor Research	NIL	NIL
		Project funded by Research committee, JDMC	NIL	NIL
17	Awards and Distinctions	Best Paper Presenter Award in International Seminar organised by Arvindo College, DU on 16th-17th March 2023.		
18	Association With Professional Bodies	<ul style="list-style-type: none"> Member of DUWA (Delhi University Women's Association) Secretary of Global Sanskrit Forum (2021-23) 		

19	Other Activities	NIL
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